

THE MYSTICIAN

VOL. 82 ISSUE 6 BISMARCK STATE COLLEGE BISMARCK, N.D. MARCH 04, 2021

ASPIRING TO GIVE EVERY STUDENT A VOICE

bscmysticmedia.com



Activists march on the North Dakota State capital grounds to protest the passage of House Bill 1298, which would require student athletes to participate in sports aligning with the gender they were assigned at birth. (Credit: Kyleigh Hilbert)

NEWS

PAGE 3

SPORTS

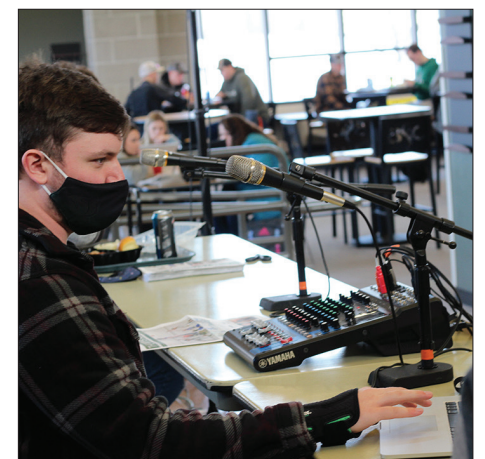
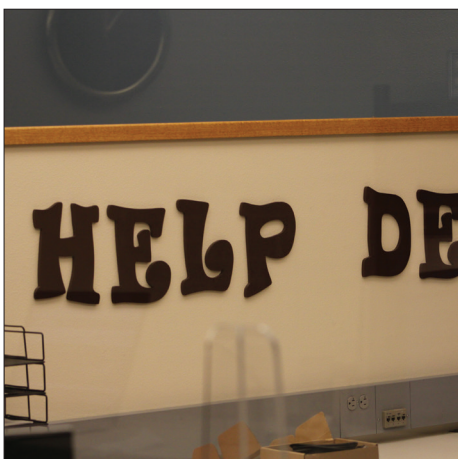
PAGE 5

OPINION

PAGE 6

A & E

PAGE 7



THE MYSTICIAN

Published by the Students – For the Students

Mystician Staff

Robert Mechaley III	Editor-In-Chief
Travis Askerooth.....	The MYX Coordinator
Raymond Ziegler.....	MystiCast Executive Producer
Kyleigh Hilbert.....	Mystic Media Coordinator
Dante Ames.....	Reporter/Columnist
Jon Fettig.....	Columnist
Samantha Rosario.....	Columnist
Caden Shean.....	Sports Reporter/Columnist
Azariah Irungu Njunga.....	Reporter
Amy Doll.....	Reporter/Columnist
Elliot Hellman.....	Reporter
Madalyn Olson.....	Columnist
Caitlyn Inman.....	Columnist
Jessica Linder.....	Columnist
Dustin Eichten.....	Photographer
karen Bauer	Mystician Adviser



LETTER FROM THE EDITOR

Hello, dearest readers! How's it going? I've been very busy and could use a fantastic Spring Break! I'll be jumping into a decent amount of work after, but I can finally catch up on what I've missed.

I'm personally caught up now in season 2 of "Re:Zero" and it has been one for the books. The use of dialogue is genuinely astounding, especially as some of its best episodes are based entirely around conversation. If you haven't been up to date on the show yet, now is the time to get on board.

I've also finally returned to The MYX with a brand new show. I really wanted to do something more theater driven but could not find time to write a whole hour long script. Instead I have brought table top games to radio with "My Book of Frights" a show about my other Mystic Media associates solving a monster of the week type situation in Call of Cthulhu seventh edition. Listen now!

Mystic Media has been hard at work producing quality content for all of Mystic Nation and beyond! Kyleigh Hilbert and Raymond Ziegler have been doing a wonderful job on each and every Mystic Media Minute. You'd be amazed just how much work goes into a single minute of good video so props to them for doing some great work.

The MYX has been doing plenty of MYX Talks, a show with three of our disc jockeys just having good conversations in the studio live. You can listen for those on bscmyx.com or on the TuneIn app. We have a diverse selection of music blocks for all your tastes. Travis Askerooth aka DJ Joker presents video game news and plays a wide array of genres in his show Surprise Mechanics. Check them out.

While you're looking up all of our cool projects, take a look at our new episode of MystiCast. Viewers who were fans of the Nickelodeon tv show "Victorious" are in for a pleasant surprise. You can look it up through our social media and by looking up BSC MystiCast on YouTube.

Make sure to tune in to the next sports broadcast by going to the Mystic Athletics page and clicking the Watch Live button. The games have been consistently great, and you can watch along with some great camera work and replays!



Crossword Information

BSC's own Language, Literature and Communication Department Chair (and crossword geek) Michael Tomanek has created and submitted this month's puzzle. Experiment, explore and try to find the answers yourself for the most satisfaction. Below is the answer key to this month's puzzle.

CROSSWORD ANSWERS

D	S	T	P		K	N	A	R	P	A		A	T	E
N	P	S	E		C	I	T	E	O	P		E	N	O
E	P	A	T		O	S	A	P	L	E		D	E	L
T	O	P	S	D	L	A	B			E	D	I	B	A
			N	E	C			H	K	A				
X	A	M	I	L	C		E	L	C	I	S	P	O	P
I	R	O		S	I	R	T	E	T			U	O	I
L	A	M			M	O	O	B	A			G	B	R
E	L	O			O	T	M	A	W	S		I	A	T
H	C	N	U	L	T	A	E					E	R	S
			L	L	A			E	E	T				
F	O	T	U	O			E	L	K	C	U	B	R	A
R	I	A		R	E	N	N	A	C		N	A	R	B
O	H	W		T	L	U	C	C	O		I	H	E	N
M	O	S		S	O	N	A	I	P		M	A	H	W

By Robert Mechaley III

EDITOR-IN-CHIEF, THE MYSTICIAN



Like us at facebook.com/mysticmedia



Follow Tweets from us @BscMysticMedia



Follow us on Instagram @bscmysticmedia



Watch the latest videos from us on YouTube at BSCMystiCast



MYSTICAST



Tune in Live at bscmysticmedia.com

Come Join Us!

The Mystician Mission Statement and Disclaimer

The purpose of college media is to serve and give voice to the students.

We, as the student-based forum of journalism on the Bismarck State College campus, provide content that is informative, fair, concise and of importance to BSC. With this goal in mind, The Mystician staff is dedicated to accuracy and maintaining ethical journalistic practices.

We strive to give a voice to student issues

and policies within the local community.

Our goal is to incorporate as many students as possible and be an outlet for student expression.

The BSC Mystician strives to be objective and is not affiliated with any outside organization.

The Mystician upholds the principles guaranteed by the First Amendment and utilizes these rights to bring diverse, entertaining and thought-provoking material to the college community.

Contact:

Robert Mechaley III, EIC,
with letters to the editor

or any concerns/comments regarding this publication.

E-mail: bscmysticianeditor@bismarckstate.edu

NORTH DAKOTA'S POLYTECHNIC INSTITUTION ADDS COURSES FOR FALL

By Robert Mechaley III
EDITOR-IN-CHIEF

As of the Spring 2021 semester, Bismarck State College has become North Dakota's polytechnic institution.

In a video released by Dr. Douglas Jensen, president of BSC, polytechnic institutions are defined as a technical institution for hands-on learning to produce workforce ready candidates for jobs. Jensen points to a chart on economic development that involves community and workforce as major areas that overlap and flow into each other. When one of these areas fails, the others follow suit and vice versa for growth. At the center of the diagram is BSC.

"We have the ability to influence that," Jensen said. "That is going to be very special to our advanced mission in polytechnic and how we serve our community."

The polytechnic mission has five major areas of workforce focus that interlink with each other: Manufacturing/Automation, Cybersecurity, Agriculture, Healthcare and Energy. BSC already had programs in Energy, Healthcare and Agriculture but is expanding upon those with additions in cybersecurity beginning last year and manufacturing/automation beginning in the fall of 2021.

The addition in automation will arrive with the creation of the new Mechatronics program taught by

Reynold Miller, associate professor of the National Energy Center of Excellence. Mechatronics will be a four week technical program taught in a lab setting involving the maintenance of automated systems that will earn a student a degree.

"This is going to take the basics students are already learning in the energy services area, and we are going to expand it to include industrial robotics, machine vision systems and other smart systems and integrated components," Miller said.

Agriculture, which has been a part of the BSC campus since the seventies, will also develop a new addition to its programs through polytechnic expansion. Agriculture already offers four programs in: Farm and Ranch

Management, Aggro Business, Ag Industry and Technology and a transfer degree. The new addition is in Completion of Custom Applicator.

"We received a USDA grant to get the program started," Carmel Miller, associate professor of agriculture said. "This will be a 12 credit program for those who are interested in operating the big equipment you might see on a farm."

The Completion of Custom Applicator will offer 11 of those credits online and the final credit in a training camp over the course of a week. Students will earn a Certificate of Completion.

Enrollment will be open for both of these technical programs that will begin in Fall 2021.

GRADUATION 2021 PLANS ARE IN THE WORKS

By Kyleigh Hilbert
MYSTIC MEDIA COORDINATOR

Last year's Bismarck State College graduates were left questioning whether or not they were going to have a graduation commencement ceremony. Ultimately, BSC was given no choice but to host it virtually with graduates celebrating separately with their families.

This year poses the same question for the BSC graduates of 2021. Whether or not they will be able to celebrate graduation in person or have to do it from home.

As of right now there are still regulations enforced on the campus. Fans are not allowed into the sports games, no outside visitors are allowed into the dorm halls, and there is still a mask mandate.

On Jan. 18, North Dakota Governor Doug Burgum removed the mask mandate and capacity restrictions for businesses. The risk level of the state was also moved from yellow to green; however, BSC decided against moving risk levels on campus for the moment.

In an email sent out to students at BSC, President Doug Jensen said that the college 'is working to determine the safest path forward when it comes

to audience participation.' In his most recent email to students he spoke about the newest decisions made about the plan for graduations.

As of right now, the BSC commencement ceremony will be held virtually on May 14, 2021. The ceremony will be live streamed at bismarckstate.edu/livestream. There will be more information on what the official plan will be to the graduates in the coming weeks.

There are also plans to host small, outdoor, program-specific celebrations on campus on Commencement Day. More information will be shared at bismarckstate.edu/events.

BSC Associate Registrar of Academic Records, Kene Miller said that there are still discussions going on about what the plans for the 2021 Commencement are. She added that there will be more information when it becomes available.

More information about Commencement will be shared at bismarckstate.edu/events.

Students who are eligible for graduation from BSC can visit the BSC website and look under academics for a Degree Application Checklist. This is a step-by-step list of what needs to be done by a student to obtain their degree from BSC.



Photo by MD Duran on Unsplash

THE HELP DESK: HELPING THE UNHELPED

By Dante Ames
REPORTER/COLUMNIST

Technology is complicated and not everyone has the knowledge or time to troubleshoot tech problems. Luckily Bismarck State College has its very own IT help desk to help with any computer needs.

The help desk employees aid students and faculty with everyday technological tasks such as changing passwords for almost everything, installation of Microsoft Office software and internet connection issues.

The help desk is a place where students and faculty can go or contact via phone, if they require assistance with internet technology. The help desk employees provide students and faculty with any IT needs.

“We help change passwords for Blackboard, Hoonuit and Campus Connection,” BSC Help Desk Coordinator Joanna Fischer said.

They also provide password changes for duo security, Mystic print and several other programs. The help desk aids students and faculty with the

installation of several Microsoft Office software programs including, but not limited to, Word, Excel, Powerpoint, Outlook, Onenote, Teams, Publisher and Access.

“If you have any connection issues, we can help with that,” Christopher Abbott BSC Desktop Support Specialist said.

The connection issues they assist with includes internet issues one may have when trying to access the BSC wireless internet on campus. Abbott specified that the IT Department staff only has training in PCs and HPs, thus they only are able to provide better assistance when it comes to those types of computers. They update all of the non-Mac computers on campus.

Fischer said they are unwilling to work on any personal computers because it can sometimes cause a liability if anything goes wrong. She explained that a student may return to them after they worked on their computer,



(Credit: Dante Ames)

and if anything on the computer goes missing or stops working, they could get in trouble for the problem, even if they did not cause it.

The help desk is located in Schafer

Hall room 129 and is open Monday through Friday from 8 a.m. to 4 p.m.

For more information on the help desk and how to contact them, go to Bismarckstate.edu.

CSO AND CLUBS AT BSC ADAPT TO COVID-19

By Robert Mechaley III
EDITOR-IN-CHIEF

With the arrival of COVID-19 in the United States, half of the spring 2020 semester at Bismarck State College was resumed after Spring Break entirely from home. The North Dakota's University System established a threat meter along with the state of North Dakota to set boundaries in accordance with the current threat level. One part of these restrictions have been a prevention of large gatherings by students, which has led to an effect on college activities.

“There’s a big drop in transition from attendance in the clubs last year to this year,” said Jake Murray,

Werner Hall coordinator and Congress of Student Organizations adviser.

CSO is BSC’s body of student organizations that operate in and around campus. Any student clubs related to BSC falls under the umbrella of CSO. CSO is advised by both Murray and Sarah Owens, Student Life assistant.

Clubs on campus are still operating during their respective meeting times with restrictions, but not many.

“Out of the thirty some total clubs and organizations that we have, there’s only about nine to ten that are fully active,” Murray said.

Murray said that the rest are on hiatus until they gain more members or are waiting for next year. Clubs at BSC normally host events to draw

in new members and contribute to student activities. While student enrollment is still up and despite there having been a club fair at the beginning of fall 2020 semester, there is not much retention of members.

Solutions have been offered to mitigate this and allow organizations to meet. One example is the Leadership Room in the Student Union. The room contains meeting space with limited capacity as well as arts and crafts. The room has capabilities to host meetings, but it has not been used as often as anticipated by Murray.

“If we had a full list of thirty something clubs who were trying to get events and trying to hold meetings, I imagine that room would be booked

full,” Murray said.

The room is still used within the confines of its ten person capacity, but has not been gaining the results desired. This is not due to lack of equipment either, since each organization has funds set aside that they can apply for. At present this academic year, not any student organization has applied for a grant. Grants can be requested and approved for clubs at monthly CSO meetings.

“The clubs and organizations are crucial to getting students engaged,” Murray said. “I’m trying to find a way that we can get back to as normal as possible.”

Murray said he and Owens will be pushing for club advertising and recruitment in the coming months.

FANS ALLOWED AT BSC ATHLETIC COMPETITIONS

Since March, the protocols taken against COVID-19 were filtered through five priorities:

Safeguard health of students and employees.

Keep students moving forward their academic goals.

Create a sense of normalcy for everyone.

Allow students to perform and compete in events.

Open competitions and performances to fans and spectators.

Beginning Monday, February 22, BSC will start allowing limited spectators into school events.

Attendance numbers will be determined by performance space on campus or limitation of the competition and attendees will be required to social distance and wear masks.

Additional questions? Ask BSC Athletics at 701-224-5400.

Find Mystic game schedules and rosters at BSCMystics.com.

Each active roster player will receive two family non-transferrable vouchers to purchase tickets.

24 hours before the game, players must provide a ticket request form to the athletic office, indicating who will be using those two vouchers to provide tickets.

Family members enter through the official check point at Door F on the west side of the Armory.

Staff will check off each approved attendee upon purchase of a ticket.

Fans are asked not to congregate after the game to maintain building capacity limitations.

No concessions will be sold, no outside food is allowed.

Masks are required.

Seating will be set up to meet social distancing requirements.

Celebration from the Mystics following a successful point. These moments can now be witnessed in person by family so long as they meet the requirements for entry beforehand. (Credit: Dustin Eichten)



SPRING MUSICAL – PARTY WORTH CRASHING, APRIL 16-18

To see the performances dates and times and to purchase tickets, go to BSCTheatre.com. The Spring musical will be accessible to members of the public via Livestream.

Livestream: April 16-18

Three performances will be livestreamed with tickets offered in a pay-what-you-can model at the following price points: \$0, \$5, \$10, \$20.

Patrons can decide the level of payment they feel comfortable paying.

BSC Theatre also will offer free livestream access in the Mystic Marketplace in the BSC Student Union.

Live audiences: Invited Dress Rehearsals/Live Performances: April 12-18

Small, socially distanced, ticketed audiences will be able to attend one of seven performances on an invite-only basis.

Each production team member will be asked to fill out the Live Event Complementary Ticket Form listing

up to two guests and the date they would like their guests to attend to Dr. Danny Devlin by April 6.

BSC Theatre's web-based ticketing platform will be used to reserve and assign specific seats in the SJL for customers, complying with social distancing guidelines.

Tickets not used by invited guests will be provided to campus and community stakeholders on an invite-only basis.

Tickets will be provided in envelopes printed with the guests' names and placed on a table outside of the concert venue.

Audience members are asked not to congregate or linger after performances.

Masks are required.

Patrons in the same pod will be allowed to sit together; all other patrons will be socially distanced.

Additional questions? Contact Dr. Danny Devlin at Daniel.devlin@Bismarckstate.edu

FLEX START OPTIONS ADDED

Bismarck State College has multiple flex start class options that start later than usual. A student may add a flex start class up until the day before the class starts. For Spring 2021, eight week classes begin March 8.

The class list includes Algebra Prep I, Algebra Prep II, Algebra Prep III, Col. Writing Prep II, Col. Writing Prep III, Principles of Management, Management Information Systems, Organizational Behavior, Beginning Birding, Fundamentals of Public Speaking, Web Design Theory, Introduction to Programming, Intro to Computers, Principles of Microeconomics, Principles of Macroeconomics, College Composition

I, College Composition II, Intro to Professional Writing, Western Civilizations I, United States Since 1877, Child Care Assistance, Medicaid II, Integrated Cultural Studies, College Algebra, Elementary Statistics, Music Appreciation, Intro to Philosophy, Ethics, Intro to Logic, Relationships & Self-Esteem, Intro to Psychology and Intro to Sociology.

Anyone may enroll, and Financial Aid and payment plan options are available each semester. A student may enroll in a flex start class by adding the class in Campus Connection. For more information on flex start classes go to bismarckstate.edu.

MOBILE APPLICATION DEVELOPMENT CERTIFICATE

Starting in March, a new Mobile Application Development certificate is available at Bismarck State College.

Provided by an interactive, hands-on, online learning environment this certificate program addresses the needs brought forth by industry employers and leaders.

Designed for new and current students as well as industry professionals, this short, intensive certificate program develops skills to take mobile applications from concept to launch through six-courses offered entirely online. Students in cybersecurity, web design or other technology programs can add the certificate to their education plan. A

professional already working in the tech industry may only need a few credits to complete the certificate and expand their skills, making them more valuable to their employer and to the industry.

The US Bureau of Labor Statistics predicts the demand for mobile app developers will increase from 17 percent to 24 percent by the year 2026.

The first BSC Mobile Application Development certificate courses will begin March 8th. For more information or to register visit bismarckstate.edu/mobileappdevelopment.

SPRING CONCERTS

BSC's spring musical performances will use an invite-only model to welcome audience members. All musical performances are free of charge and will be streamed live to allow for a broader audience. Find specific concert dates, times and location posted at bismarckstate.edu/events.

Each participating student will receive two tickets to provide to guests.

Students will be asked to fill out the Live Event Complementary Ticket Form that indicates who the tickets are for and provide that to Dr. John Darling.

For concerts held in the Bavendick Stateroom, ticket requests are due April 1.

For concerts held in the Sidney J Lee Auditorium, ticket requests are

due April 16.

Individual event postings at bismarckstate.edu/events will indicate the location of each concert.

Tickets not used by invited guests will be provided to campus and community stakeholders on an invite-only basis.

Tickets will be provided in envelopes printed with the guests' names and placed on a table outside of the concert venue.

Audience members are asked not to congregate or linger after performances.

Masks are required.

Patrons in the same pod will be allowed to sit together; all other patrons will be socially distanced.

Additional questions? Contact Dr. John Darling at john.darling@bismarckstate.edu.

NEW TEAM WITH THE SAME DREAM

By Caden Shean
SPORTS REPORTER/COLUMNIST

The women's volleyball is off to a fast start in 2021. While they may have a new coach, as well as a lot of new faces to the team, the goal remains the same: Nationals. Just last season, the volleyball team was able to go all the way to Nationals and wound up placing 4th.

Now, it is getting back and going further than a season ago. The sophomores will look to provide that experience from last year to help lead the charge.

"For us sophomores, our main goal is to make sure everyone felt comfortable right away," sophomore specialist Mady Mosolf said. "I think we (sophomores) have done a great job because the freshmen have opened up for us so much since the start of the season."

With that delayed start to the year, the team has had a lot more time to gel together. They were able to get a few extra months to learn more of each other versus jumping right into games.

"The delay to the season was a good thing for us," sophomore middle hitter Masy Kuntz said. "Our chemistry has shown improvements, and it makes us feel more comfortable together."

The team has gotten out to a fast start on the season that included

winning the first 12 sets to start the year.

"I think a big reason for this is our athleticism," Kuntz said. "Most of us played multiple sports in high school, so it makes us more well-rounded athletes."

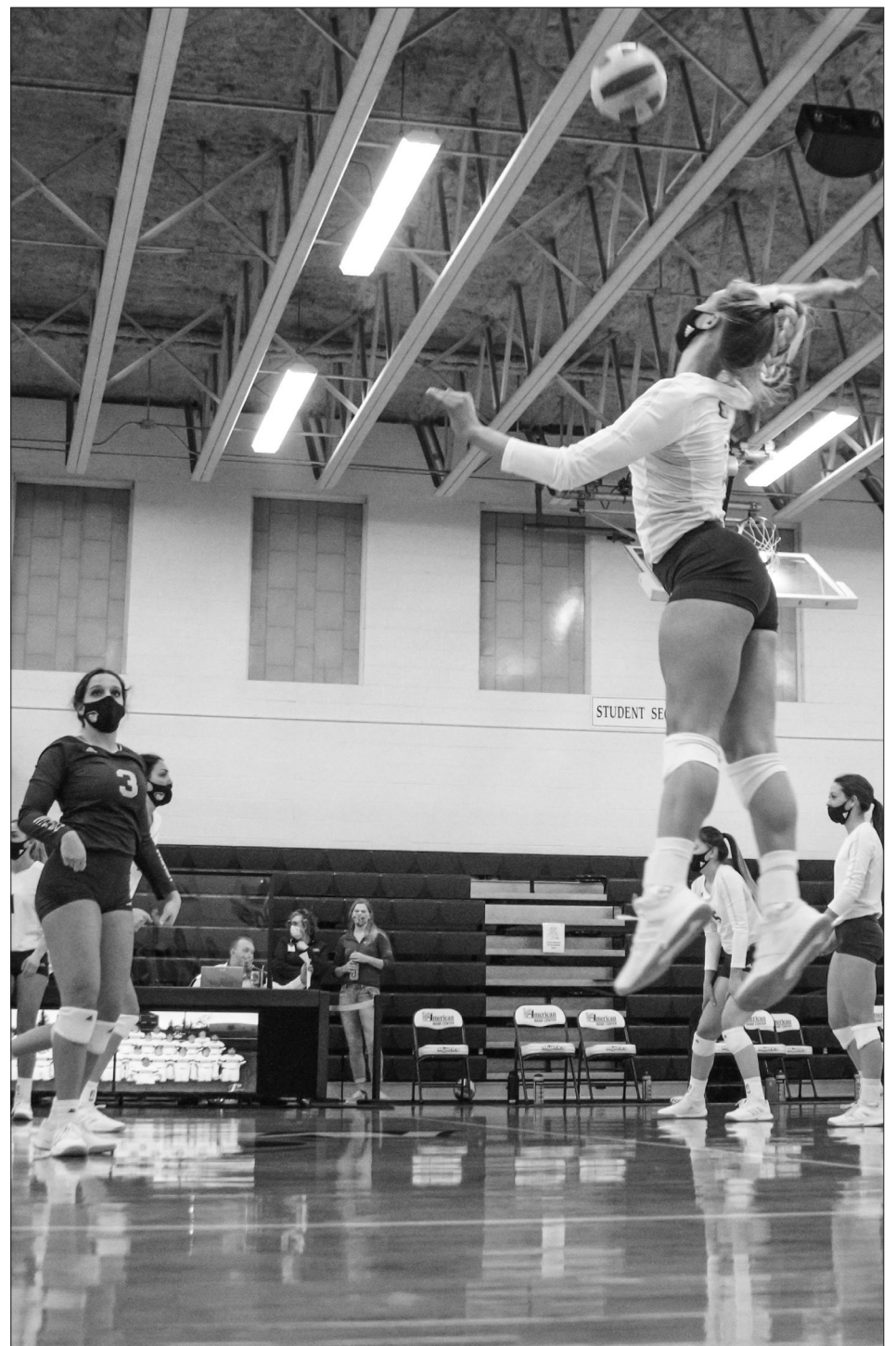
Kuntz is right, this is one very athletic squad the Mystics volleyball team has. The big question is if they put it all together in the end for that tournament run.

"If we keep doing what we are doing, we can reach our goals," Mosolf said. "We are all determined to make it back (to Nationals), so if we continue pushing ourselves everyday, it will be uphill."

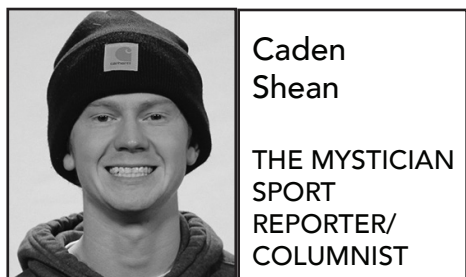
The team as whole is very promising this season. The talent is there; the chemistry is there; it is just making the playoff run down the stretch.



RIGHT: Megan Anderson (9) goes for the kill. LEFT: Mady Mosolf (1) celebrates the point. (Credit: Dustin Eichten)



NFL REACHES THE FINALE



Caden Shean

THE MYSTICIAN
SPORT
REPORTER/
COLUMNIST

The NFL season has officially concluded with the Tampa Bay Buccaneers winning the Super Bowl and hoisting the Lombardi Trophy. This season was one like no other. From having a practice squad wide receiver start at quarterback (for my Broncos), to countless games being postponed and rescheduled, it is officially over. I could go on and on

about how unfair this season was for countless teams, but I would rather focus on the good things of the year. One good thing is the Kansas City Chiefs not winning the whole thing.

The Chiefs were the clear cut favorites going into the Super Bowl, and many people had put a lot of money on them winning, which at the time would have been the smart choice. But one of the best quarterbacks of all time was on the opposite side of the field from the Chiefs and one many underestimated, Tom Brady.

Brady did not light up the box score, but he did exactly what he needed to do, throw touchdowns and not turn the ball over. He did what needed to do in order to walk out with the

trophy. The Buccaneers defense was stellar as well, so because of the group effort, they became champions.

On the other side of the field were the Chiefs. They got outplayed throughout the entirety of the game, losing 31-9. The moral of the story was the offensive line for Kansas City.

Patrick Mahomes, Chiefs quarterback, is regarded as the best quarterback in the NFL. His ability to get outside of the pocket, make remarkable throws and make decisions on the fly is just incredible. That was not the case in the Super Bowl. The offensive line let every Buccaneers player through them. Mahomes had roughly no time to set his feet and make a throw. Play after play, the pocket was collapsing

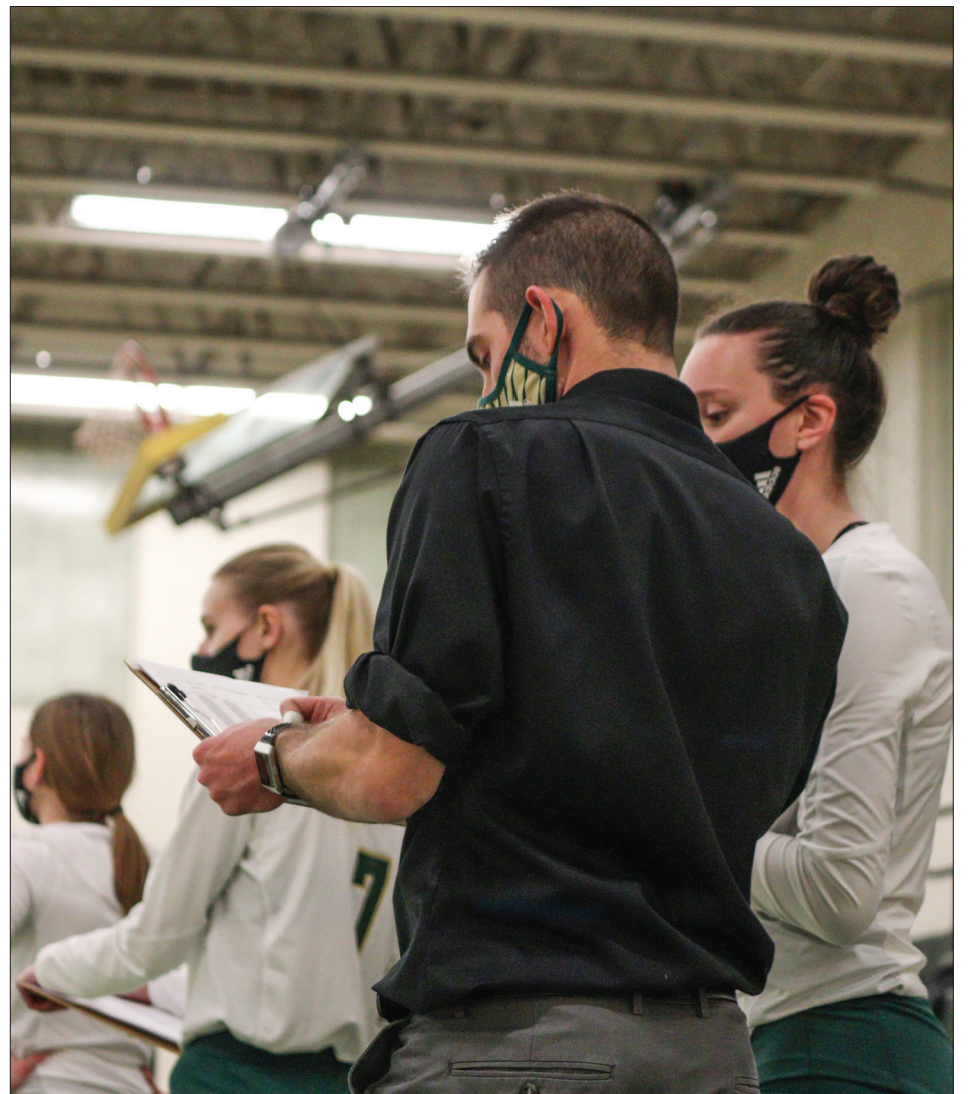
causing him to get out and scramble. He had to run 497 yards in order to get a throw off throughout the game because of that offensive line. For those who watched the game, you could see Mahomes had no time.

The narrative that Mahomes does not have the clutch gene in him is not true. He was receiving backlash for his performance all over social media when he did what he could. I am a Broncos fan, so it is in my blood to not like the Chiefs, but I will voice my opinion over something that is getting treated unjustly, and that is the case with Patrick Mahomes. The offensive line let him down.



COMPETING IN THE MON-DAK CONFERENCE

TOP: Emma Fricke (4) sets up the ball for Masy Kuntz (2) against Dawson Community. The Mystics would win all three games against the Dawson team. BOTTOM LEFT: Megan Anderson (9) will attempt a kill against two blockers from Miles Community College. BOTTOM RIGHT: Kyle Kuether, Head Coach of Mystic's Volleyball makes plans for his team. (Credit: Dustin Eichten)



WILL THE NETS TAKE THE NBA EASTERN KINGSHIP?

By Azariah Irungu Njuguna
REPORTER

The Brooklyn Nets are a very strong team in the NBA right now. They have three of the best offensive players in the league with two who are top fives. The rise in ratings for the Brooklyn Nets has been a very interesting phenomenon to watch since the entry of Kevin Durant and Kyrie Irving back in 2019. This was a huge plus for a franchise that had lost a lot of its dazzle over the years and those two trades were definitely gold mines to them, but the real diamond was struck when James Harden moved from Houston to Brooklyn for the team, solidifying them as an A class team once again and rekindling the hopes for another NBA championship, a feat

that had not been attained since 1976.

The evolution of the Nets over last season and this season has been an interesting one to watch. Durant came back after an almost year long injury after tearing his Achilles tendon in game 5 of the 2019 NBA Finals against the Toronto Raptors. Right now he is averaging a staggering 29.5 points per game (ppg) in his comeback season, hushing all the ney-sayers who said his career was over after the injury.

Since joining the Nets in 2019, Irving's performance has exploded, and we are currently seeing him average the highest points in his career with 27.9 ppg currently. It is almost as if being in a team with Durant has boosted his confidence for another NBA Championship ring—a feat he has not attained since his

Cavalier days with Lebron James back in 2016.

Since James Harden joined the Nets this season, he has only averaged 23.9 ppg, a low which has not been in his career since 2012 in Oklahoma. This is understandable because he just left a team where he was averaging 29.6 ppg and 7.7 apg (assists per game) and now he is averaging 11.0 apg, which shows that he is doing more passing. This is evident because his assists right now stand at a whopping 11 apg. This shows that he has not only brought his shooting expertise but also his cunning passing style.

Though the Nets are a force to be reckoned with right now, their defense has been a problem for them, and the game has not been kind to them because they have

been suffering losses that could have easily been avoided by better defense. Other than that, they are not the only giants in the East since the Milwaukee Bucks and Philadelphia Sixers are still in the picture. The two leading big men on each team, Giannis Antetokounmpo and Joel Embiid, have been reaping through opponent defenses and slamming in 28.1 and 29.1 ppg respectively. This has helped their teams hold the first and second positions in the conference respectively.

Though the Nets have a shot at the Championship, it is not easy since statistics show that they are not the only team hungry for those coveted gold rings.

CARSON WENTZ ON THE MOVE

By Caden Shean
SPORTS REPORTER/COLUMNIST

By now, I'm sure everyone has heard the news that locally born Carson Wentz is on the move. The NFL quarterback who selected second overall in the 2016 draft by the Philadelphia Eagles now has a new place to call home, Indianapolis. He was recently traded to the Colts for some draft picks, but while many rejoice in Philadelphia that he is gone, I believe that they will know exactly what they are missing until it is too late.

Playing quarterback in the NFL is

the hardest position to play, but you can have all the talent in the world and yet that still may not be enough sometimes. Now do not get me wrong, I think Carson Wentz is a very good quarterback, but not on that top-tier level like some of the other quarterbacks in the league. However, if he has the talent surrounding him, he can be in that top-tier conversation like he was in 2017. Instead of getting Wentz that help, the Eagles organization decided to draft a backup quarterback in Jalen Hurts. That to me still does not make sense because why would you pay your starter all this money, just to draft

his replacement the next year. He needed weapons to get the ball to on the offensive side. Very questionable decisions by that front offense. At least Wentz was able to get out of their relatively early in his career.

Now that Wentz is on the Colts, I see him taking a massive step in his game. The Colts have the team to do it, they have the players surrounding Wentz that will make him successful, he just has to go out and do it. The defense the Colts have along with that offensive line makes the future promising for the Colts. An exciting thing with the Colts, is they have the draft picks and salary

cap room to bring in more talent to help this franchise and continue to win more games.

Carson Wentz ended up getting the bad end of the stick out in Philadelphia. It is tough to see considering how well he was playing early in his career. He is onto the next chapter of his career in Indianapolis and I am excited to see what he is able to do with the Colts. On top of that, I know for a fact everyone in the North Dakota area is ready to see the local boy from Bismarck go to work, just like I am.

LAST CALL FOR ALL MYSTICS!

The March 5 deadline for *Figments of Imagination* submissions is just around the corner! *Figments* showcases all kinds of art: paintings, drawings, sculptures, short stories, novellas music, games, and short videos. We compile the art into a magazine and they get published and passed out to students and faculty/staff all over campus.

Email: BSCFigments@ndus.edu

To submit your works, we have different options:

-Physical dropboxes located all around the campus.

-Email the submissions to
BSCFigments@ndus.edu.

-Hand them in to us on Wednesday and Friday from 12 p.m. to 12:50.

We would love to see your works!



FEELING MORE SAD IN THE WINTER? YOU'RE NOT ALONE.

By Amy Doll
REPORTER/COLUMNIST

It's that time of year again. Winter is here in full force. While winter time can mean sledding, skiing and other fun activities, it can also be a time where you are feeling more sad than usual.

Seasonal Affective Disorder is a type of depression that is related to the changing of the seasons, and it usually begins and ends at the same time each year. It is estimated that five percent of the United States population suffers from SAD.

"There's several factors that can lead to SAD," Bismarck State College Nursing Program Director Annie Paulson said. "First of all, I think there's the external factors that you can't do the activities that you enjoy doing outside for the people that are

active, and you're forced to be inside. Physiologically, getting less sunlight drops your dopamine levels, and that's just what happens when you're not getting the sunlight you need, so those levels drop, and that leads to a higher risk of depression."

According to studies, SAD is common for those between ages 18-35. Family history of depression or SAD may also increase the risk.

"Everybody is affected by it. Everybody just isn't quite as active, and their spirits may drop a little bit," Paulson said. "I think this year was worse because a lot of people travel typically over the Christmas break or at some point during the cold months take a trip to someplace for a few days just to get a little bit

of a break; but with COVID-19 they weren't able to take that sunny trip, so that probably made this year a little worse."

Symptoms of SAD are similar to those of regular depression. Some of those symptoms include low energy, loss of interest in activities you enjoy and disruption in sleep.

"Not wanting to do anything," Mystic Advising & Counseling Center (MACC) Counselor Steven Hryniewicz said. "When you stop taking care of yourself, any kind of abnormal disruption in your daily routine that really sticks out to you."

There are several treatment options including psychotherapy, light therapy and medication.

"There's two primary counseling

approaches that you'd take to that," Hryniewicz said. "Typically there's one called Phototherapy and another one is called Cognitive Behavioral Therapy. That's one that's beneficial during any time of the year but especially during the winter time."

There are many self-care approaches one can take when dealing with SAD, such as relaxation techniques, a balanced diet and keeping your house well lit. Even with self-care, more help may be needed.

If someone is struggling, reach out to a doctor or to the MACC at 701-224-5752 or by email bsc.counseling@bismarckstate.edu.



NEW STYLES OF SHORTS ARRIVING NOW

GLIK'S

Visit gliks.com to find your nearest location

SPIN
2
WIN
March
◆◆ 8th-12th ◆◆
HAVE A LUCKY
DAY

BSY
BOOKSTORE
AT BISMARCK STATE COLLEGE

EVERY STUDENT'S VOICE

QUESTION: WHAT DO YOU DO IN YOUR SPARE TIME?



Does exercise count as something I like to do in my free time? Running is my thing, and I do it in my free time so it must count. However, do I like it? Let us say I have a love/hate relationship with it. Since we are in the middle of winter in North Dakota, I am a member of the gym in Lincoln and I use the treadmills. I am looking forward to warmer weather so I can start running outside again. I have a desk job, so the exercise is good for me.

I walk a lot, but I love walking at night. I like to do this a lot outside. I love the night for how peaceful and enjoyable it is. Because I walk, I love to hike. I like sports and nature related stuff. I'm very adventurous and I don't like to limit myself. I have a deep interest in different places along with different climates. I like learning new things like different languages. I've gotten this from being trapped in decently lit Box which is North Dakota for as much as I have. On top of this I listen to a lot of music that adds to the environment along with some unique feels.



Another thing I love to do in my free time is write/journal. I have a very religious morning routine that I do every morning. I make sure I get up 30 minutes before I have to get ready in order to accomplish this routine. Journaling is the first thing I do in the morning, and it helps set the tone for the rest of the day. I wake up and journal three things I am grateful for, some affirmations, some goals, and what I want to accomplish that day. I also include a "mind dump" so my morning journaling sessions. A mind dump is basically writing down whatever comes to mind, and I feel less anxious and tense throughout my days.



I love going out and playing with my dogs. My dogs help me stay active and put a constant smile on my face. I have one dog who could play fetch 24/7, and another who would rather lay in the grass and soak up some sunlight. I also would rather lay in grass and soak up some sunlight.



I love to nap in my free time. As I'm dealing with school full time and working, napping has become an essential part to my day. It gives me a chance to refresh my brain and move on to the next task that needs to be done. Napping can also be a great reward to finishing a task as well. I've never been a great sleeper, so naps have helped keep me sane.

When I am not doing homework or working, I love to workout. Working out has been a passion of mine for the last 3 years. Working out for me helps me release stress, get my endorphins going, and makes my day better. Working out makes me feel good mentally and physically and I almost always make sure it is the first thing I accomplish in my free time.



ASPIRING TO GIVE EVERY STUDENT A VOICE:

This is our mission statement at The Mystician. It is often said that in higher education, we grow as people and become who we are through learning and experience. We know you would like to let yourselves be heard, and this new addition to our student newspaper is just the way to do that. You will often see our reporters and columnists out and about getting interviews. If you would like to have your voice heard here, answer openly and honestly to them and allow your picture to accompany your opinion.

WHAT HELPS REFRESH YOUR MIND



Jon Fetting

THE MYSTICIAN COLUMNIST

Being stuck in the same routine doing the same things everyday can make us feel like we are in a rut. We no longer recognize the beauty of life. This can make us feel depressed, anxious and stressed.

A study at Cornell University found that we get more happiness from looking forward to a travel experience in comparison to buying a new possession. It's not only fun traveling, but it is also good for our health and well-being. Taking trips while making the most of them can be good for us and helps mold who we want to be. Not having the resources to experience different places other than the place that a person is used to can be damaging. Limiting oneself to the area that they have resided in restricts creative thinking, which can make one shallow minded.

A study on the guardian.com, by Adam Galinsky, a professor at Columbia Business School states, those who have resided abroad are generally more creative with their work. By changing our environment, we can form new neural pathways enhancing our creativity. If traveling abroad can boost our creativity, just

imagine what living abroad can do.

Travel can be a good experience with understanding the world and learning about the people within those different cultures. Travelers can learn about themselves and about those traveling with them including friends they hang out with.

Going different places and experiencing different things, like history, can enrich new ideas. Galinsky found that the more countries a person resides in, the more creative their work tended to be. "Just being a tourist isn't enough he states in the study". This creativeness can be done in many ways, especially being a student.

It's been discovered that new experiences can boost cognitive health, especially when the brain is exposed to a new environment that is unique and complex. It reacts by forming new connections as it tries to categorize new and extraordinary stimuli. This grows the mind in a way familiar to learning a language. This could help people with their studies and could prepare the mind for greater things within those studies. When traveling the things that are learned, but are not limited to, include different cultures, people, fragrances, flavors, languages, places and sensations that create sparks in the mind.

This summer and the summer before, I went as far as I ever have been to California. I never thought I would have visited all the places in both California and Arizona like I did.

I have a friend that I have gone to visit there and if it wasn't for him, I would be limited on travel experience in its entirety.

I remember the first time I was flying with my friend from Northwood, N.D. to Mesa, and once we made it there, going to the southwest in its own right, felt so good.

Everything from that point on was like a fantasy, something I imagined one time happening. The same thing the following year when we flew straight to Cali. One thing that I really enjoyed was the geographic location, landscape and the climate. Before these trips, I had never been to any tropical landscape.

Over the two trips I've embarked on there, the experiences and the things I've done were more than anything I've experienced in North Dakota for a year. We went hiking in the San Gabriel and the Sierra mountains. I visited 22 cities in California and six in Arizona along with three national parks. I ate Indian, Pakistani, Korean, Mexican food, some unique ice cream like a date shake and some pier food from Monterey.

One of the things that really connected with me was the music I'd hear and the smells during the getaways. It shaped my thoughts, which turned to a feeling when I would look at my surroundings including out at the landscape along with the surrounding environment.

With experiencing new things, comes seeing things from a different perspective. It's what's discovered

that things have multiple dimensions. This may start in the form of decision making when going to a new place. There are decisions made, like risk analysis, with what to prepare for depending on the activity planned. Visiting all the nooks and crannies can make an open-minded person.

When engaging in the local culture; ideas, thoughts, life ambitions and discussing other personal issues can help with growth. With that growth comes empathy, a set of new ideas along with new beliefs. All this can boost creative levels. Just by visiting the southwest itself, it has refreshed my mind. Some of the things we would normally do is walk around and make the most of trying new things like drinking fresh glacial water. It wasn't what I planned, but I remember playing frisbee in the ocean then nearly ending up being dragged out to sea by a rip tide. I also remember on my first getaway there, going from California to the Grand Canyon and stopping at a gas station in the middle of the desert. We tried the different things that make California unique, like trying unusual drinks-it's the small stuff and the mindset toward it.

Travel broadens your mind, and can help to understand differences in cultures in the forms of making new lasting connections. Being exposed to the ups and downs of other cultures can help to see things in a new way, which could form great compassion for people with differences.

JOURNALING CHANGED MY LIFE

By Madalyn Olson
REPORTER

The tragedy that 2020 left behind, will require healing for many of us. 2020 was filled with hardships from the loss of loved ones, jobs, homes and a sense of routine. 2020 was not necessarily a year for the books, but it is one to remember. Many of us are still stuck working from home, ordering groceries to our door and having little to no human interaction.

For me, journaling first handedly helped and change my life for the

better. It forces me to be honest with myself and be conscious of my actions and habits. I use it as a form of meditation that helps turn off the autopilot that I have been accustomed too and to simply make me more present. The journaling process lets me inspect my life and realize my weaknesses that I wanted to improve.

But I can guess what you are all thinking, "I don't want nor have the time to sit down and write about the piece of toast with butter I ate this morning, how good it tasted, and how I met up with my best friend and we laughed about the movie we watched

last night. Or, the fight I had with my partner last night- I definitely was to defensive, but how could I have acted differently?" That's the issue. Journaling major image problem. It is not something people should associate with boredom or a "diary" that we all had when we were eight. It is not just the simple act of recording ones days. I do a record brief explanation of my activities of my days. More importantly, I use journaling to ask myself questions.

And that's where anyone can start.

- What do I wish to accomplish today? What could I tell myself that

would make me motivated to do so?

- Did I make myself feel good today? If not, how could I tell myself to feel more confident?

- How did I fuel myself today? Did I eat all the good nutrient my body needs?

These questions have actions that makes one want to be accountable. I don't just write about my conversations I had with my peers. I dive in deeper and ask how I can be the best version of myself.

VALENTINE'S DAY: WHY IT SENDS A BAD MESSAGE



Caitlyn Inman
THE MYSTICIAN COLUMNIST

I am someone who has been both single and in a relationship on Valentine's Day, and let me tell you, single folks, you are not missing anything special. While the general idea or concept of Valentine's Day is a nice one, I am not a fan of the message it sends to people.

Valentine's Day is meant to be a day where people show their special

someone how much they care about them and how much love they have for them. Shouldn't we be doing that all the time? We already have anniversaries and Thanksgiving to celebrate loved ones, so I just do not see why there needs to be a day dedicated to love.

We should be expressing our love for each other as much as we can. The world could use a whole lot of love right now. The cliché thing for the guy to do is buy the girl some flowers, chocolates and a nice dinner. The thing is, on Valentine's Day, the girls are completely expecting that.

I would rather get flowers or candy on a day when I am completely surprised and thrown off by it. That is what makes those kinds of things so

special. My dad would send flowers to the school for both my sister and me every single Valentine's Day when we were kids. While I always thought it was sweet, I was completely expecting it every year. What is the fun in that?

I want to be surprised by acts of love or receive flowers when I have had a stressful week.

And as much as I love stuffed animals, I do not need to add to my teddy bear collection. I have enough bears holding hearts to last me a lifetime.

My boyfriend and I decided not to celebrate Valentine's Day this year because we both are not fans of the made-up holiday. It's not that we do not want to express our love to one another, it's just that we do the same

things couples are supposed to do on Valentine's Day at least once or twice a month.

I do miss making Valentine's Day boxes in elementary school and getting a valentine from literally every kid in the class. Those were the fun Valentine's Day days.

I am not trying to be edgy or hating on people who love to celebrate Valentine's Day. I am glad you are taking a day to celebrate love because expressing love is important. I am just saying to the single girls who are sad and alone in your room listening to Taylor Swift on Feb. 14, we have all been there, and you are not missing out on much.

FROM READER TO AUTHOR: AN AUTHOR'S CALLING REALIZED



Jessica Linder
THE MYSTICIAN COLUMNIST

For some people, reading is an enjoyable pastime. They may pick up a book in their spare time and maybe finish that book or another in the span of a year. According to the Pew Research Center, the average number of books each person reads over the course of a year is 12; though the most frequently reported number was four books per year.

I consider myself an avid reader. However, the word that would more closely describe my reading habit would be obsessed or addicted. My children tell me all I do is read. Two years ago, I started counting how many books I read in one calendar year. I stopped counting at 400. That is a lot of stories in a short amount of time. Let me say my sleeping habits left something to be desired.

After so many books, I started searching for a specific story. Book after book, I kept searching for something — a specific character or

plot. I could never find it. One day I realized I was searching for something that I had started creating in my head. The story did not exist because I had not written it yet.

I was gobsmacked. The idea of writing my own fictional story never crossed my mind. I never believed I had the imagination or skill to become a writer.

However, once the idea of writing my own story took root, it had to come out. I had little choice.

I knew then that this was the beginning to something important. I knew I was going to start my epic journey of writing. The reader side of me was eager to make this happen because I was excited to see where the story went.

One idea led to another, which led to five more. I stood up and proclaimed to the world, I want to be an author.

Now what? I have these ideas of characters and the trouble they are going to get into but no real knowledge of how to successfully put it all on paper. I was quick to realize I had no idea what I was doing.

So, I did what every other normal 30-something-year-old would do in this day and age and turned to the internet and promptly fell headlong into the rabbit hole of information,

suggestions and advice.

I bought books on writing and devoured those just as I did every other book I ever read. The information available was staggering, and I have felt slightly overwhelmed ever since.

I came to realize I was looking for a foundation to build from — a foundation of technique and practice to build my writing skills.

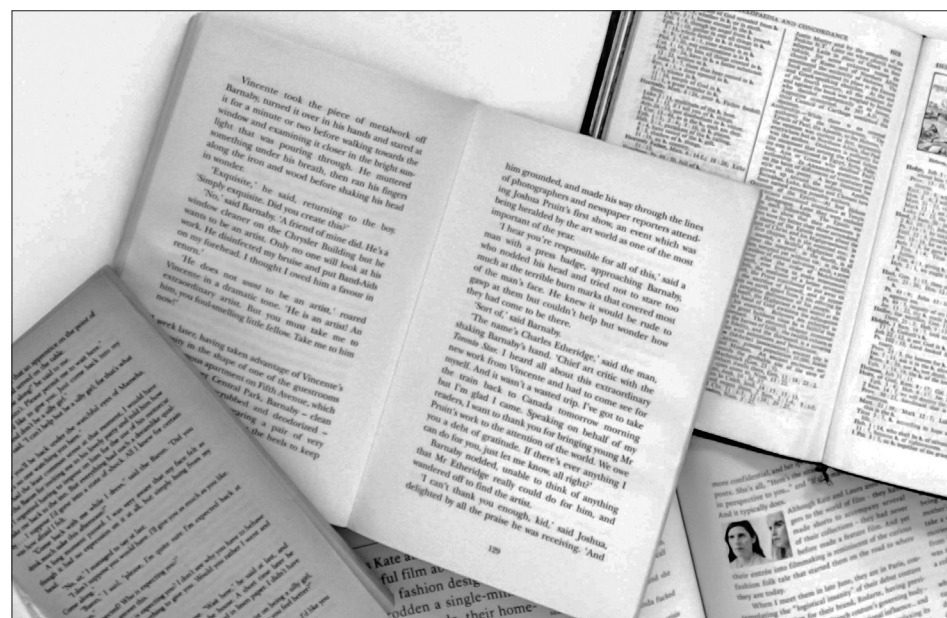
After careful consideration and a lot of soul searching, I decided the best way to achieve what I was searching for was to enroll in college and get the formal education it provided. Who

better to teach me the ins and outs of the literary world than the professors whose job is to teach just that?

For the second time in my life, I find myself a college student again. I hope with this step I will find what I am searching for to become the best author I can be. With a little imagination, a lot of determination, and the desire to learn. I will get there.

Stephen King once said, "You can, you should, and if you are brave enough to start, you will."

I have started, I am eager to see where my story goes.



TALES FROM AN "OLDER" STUDENT: THE UNDERDOG

By Amy Doll
REPORTER/COLUMNIST

Tales from an "older" student: The underdog

I've always been a fan of underdogs. Cheering for the team who has a low chance of winning, picking the runt of the litter or someone who doesn't think they can do it. Anything is truly possible for the underdogs but they just have to believe it.

I didn't take the typical life path

for a college student. I graduated many years ago and entered into the workforce shortly after high school. For a while, it worked. That is, until I became miserable with where I was at. I always wanted something more but was terrified to go for it. Terrified that I wouldn't be able to catch on and learn again like I was able to when I was younger. Terrified that I would fail. Terrified of making ends meet while in school. I could go on and on.

We are all underdogs at some

point in our lives, with different opportunities that continue to present themselves. Right now, I feel like an underdog while I'm here. I'm a little over a month into my first semester, and I still can't tell you how to properly put together a research paper off the top of my head or know where most of the rooms on campus are.

But I'm here.

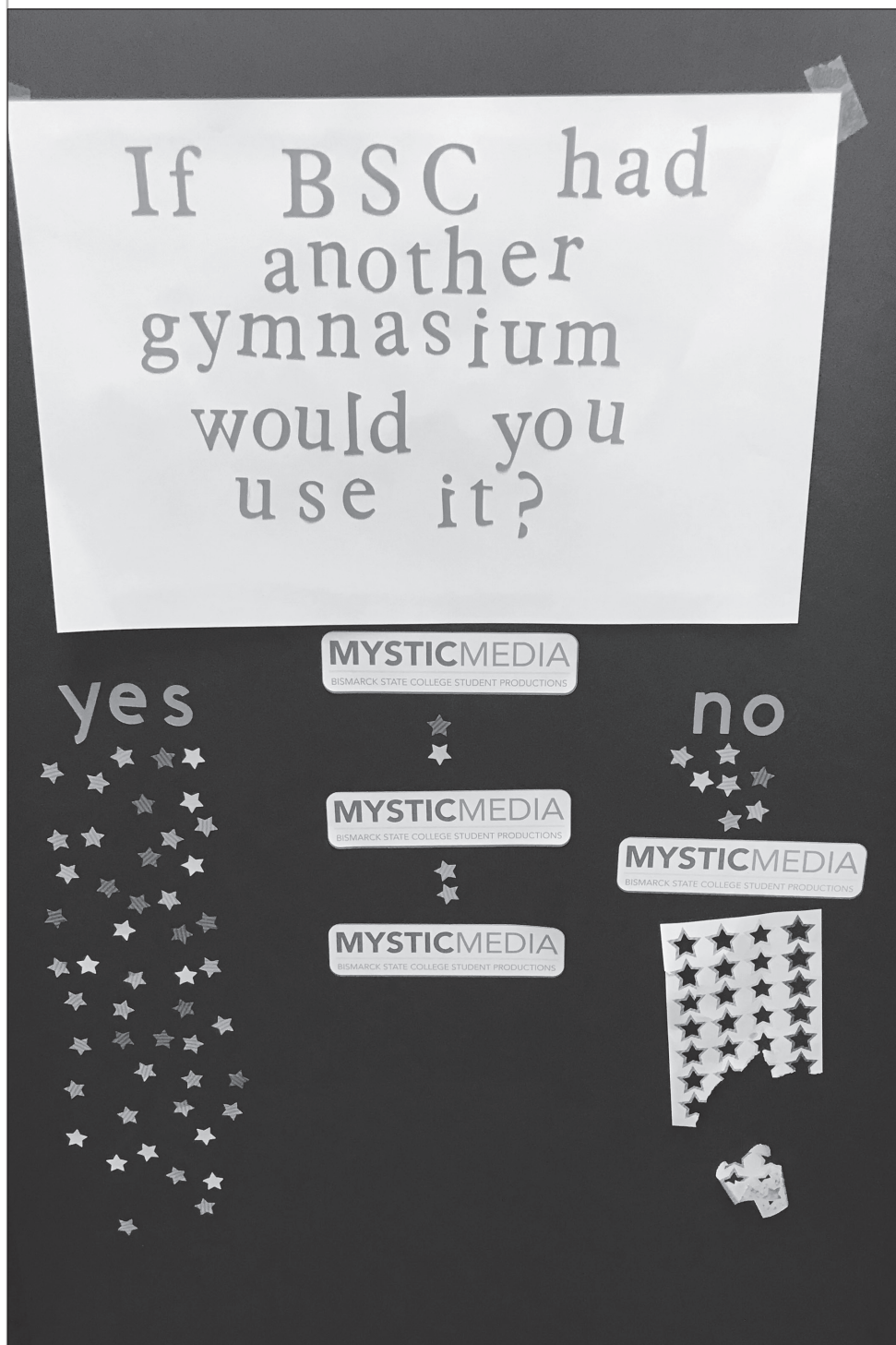
I'm learning to learn again. I'm learning about my true passions in life all while balancing a work/school/

home/marriage life. I knew from the day I arrived on campus that I was behind, and I would have to work that much harder to play catch up. I'm lucky to have a support system behind me, but my biggest supporter is myself.

School is hard, but so is life. We all can get through any of the challenges that each may bring to us.

I'm rooting for us all. Go underdogs!

RESULTS FROM OUR RECENT MYSTIC MEDIA POLL



During our last Mystic Media Day in the Student Union on Feb. 4, we released another poll board to ask the student body a question over the month.

For some reason all of our boards keep getting messed up by passerbys every time. We can't figure out why, it's just weird that it keeps happening.

BSC only has one gymnasium at present that is used for Mystic Athletic practices and uses Mystic Athletic equipment. We considered whether it would be a good idea to have a separate open gym for student use and intramural use.

From our perspective it made sense, so students could have easy access to play pickup games between each other with a wide array of times available.

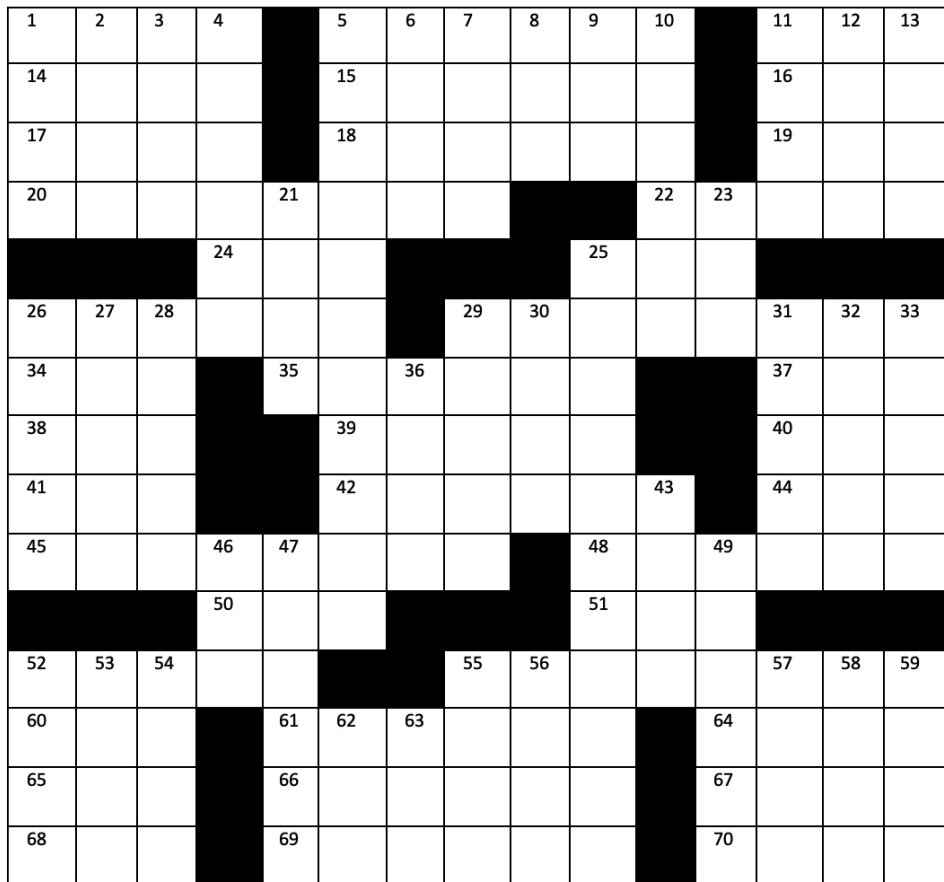
It turns out that students like this idea as well. Despite looking a little rough, the original votes are still preserved with a majority voting "yes". We are curious however about the reason behind the "no" votes. If you voted then feel free to let us know why at bscmysticianeditor@bismarckstate.edu.

We're glad that so many answered and we hope to ask more questions in the future. Keep your eyes peeled for more poll boards and vote!

ARTS AND ENTERTAINMENT

"It's about Time"

Michael R. Tomanek

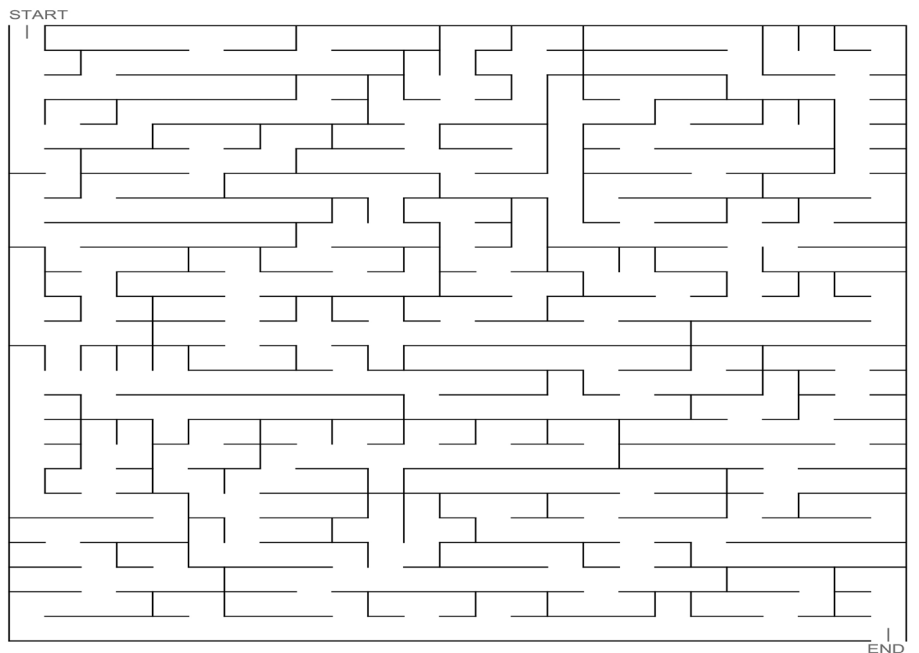


- Across
- One-part George Michael
 - UN Med. Grp.
 - Raisin's partner
 - Pickler
 - _____ Jordan
 - Garfield's Jon
 - No more
 - Letter in Tiger's or Phil's pocket?
 - Each and every
 - Easy or Sesame
 - Noon time to-do
 - Mai _____
 - How the fish got there
 - Repetitive cheer, see 9-down
 - Notorious SCOTUS member
 - Time of prosperity (oil town)
 - It's Pablo's bad
 - Letters in a Debtor's pocket
 - Russian puzzle game
 - "_ _ _ quit!"
 - Summer treat
- Down
- Story tipping point
 - Egyptian spirit
 - 100 yrs.
 - Obey
 - Sign of aging
 - _____ Zeppelin
 - Juárez neighbor
 - Cassette ribbon
 - Single
 - Justice in verse?
 - Airs MNF
 - Landing info.
 - Jokester's forte
 - VA diagnosis
 - DOWN
 - Lynx org.
 - Mister in Munich
 - Literary Captain
 - Unit measured by 25-down
 - Hypnotist's dangler
 - Apple scheduler
 - Sign of aging
 - Sister
 - Repetitive cheer, see 37-across
 - Wander
 - Slap
 - Swing state
 - Chief of Security (Klingon)
 - Average marks
 - Inuit knife
25. Something to rock around in Boulder?
26. Vegas or landing
27. Off-limits party game?
28. "MacGyver it"
29. Pout
30. Ending comment?
31. Bratty kid's retort
32. Follows Santa
33. Coil
36. Cain's victim
43. Santa's ride
46. Down
47. "_____ a close watch on you" (3 words)
49. Foot part
52. Lotion soother
53. "Get _____!"
54. Thought
55. _____ thousand (do perfectly)
56. Covet neighbor's belongings, for example
57. Overdue
58. They attract (abbr.)
59. Keep a garden
62. Cut off
63. Each

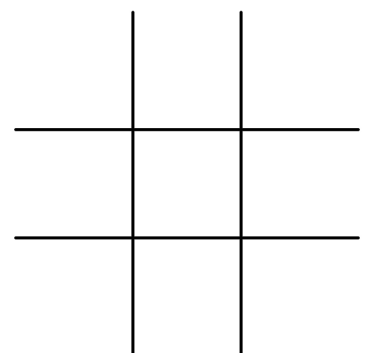
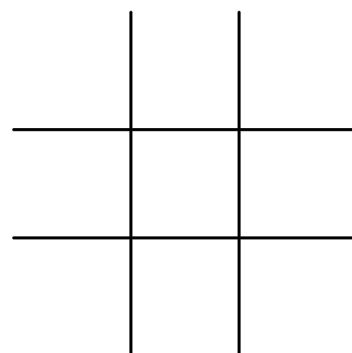
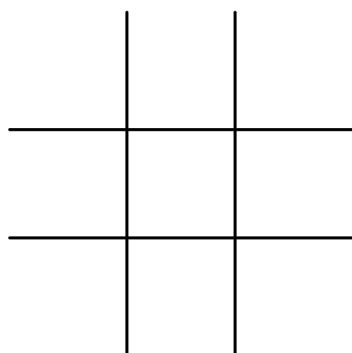
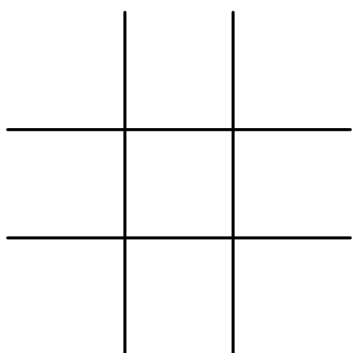
WORD SEARCH



- IRISH
- GREEN
- LEPRECHAUN
- RAY
- LUCKY
- RAINBOW
- HOLIDAY
- ST PATRICK
- SPRING BREAK
- CHARM
- SHAMROCK SHAKE
- MARCH MADNESS
- CLOVER
- FLOWERS
- POT OF GOLD
- PI DAY
- TIME CHANGE
- BIRDS
- WINDY
- WEATHER



GRAB A FRIEND AND PLAY A GAME OF TIC TAC TOE



"YASHAHIME": GIVING THE GIFT OF A SEQUEL



Dante Ames
REPORTER/
COLUMNIST

There are many gems in the anime world. I was baffled when a particular gem started airing, and I heard little to no hype of said gem. "Yashahime" is a jewel of an anime that I believe to be worthy of viewing and discussion.

"Yashahime" is the sequel to "Inuyasha." "Inuyasha" was one of the most popular anime titles during its run from October 2000 to September 2004 and then again from October 2009 to March 2010.

The plot of "Inuyasha" was about a 16 year old girl named Kagome, the protagonist, being transported to feudal Japan through a magical time traveling well, where she finds out she is the reincarnation of a beautiful priestess who housed a powerful jewel

that could enhance a demon's power. When a snake demon manages to retrieve the jewel by forcibly ripping it from Kagome's body, a reluctant and sexy, half-demon named Inuyasha swoops in to save the jewel. After reobtaining the jewel, several hijinks ensue and a few episodes later Kagome ends up shattering the jewel, and thus she must travel across feudal Japan with Inuyasha to retrieve the shattered pieces of the jewel.

"Inuyasha" was a masterpiece in itself and well known for its combat scenes, beautiful art and amazing love story; thus, when I heard the news of a sequel series I was ecstatic.

"Yashahime" is the anime-only spin-off of "Inuyasha" produced by Sunrise, the same company that produced Inuyasha, and written by Katsuyuki Sumisawa, the same person who wrote "Inuyasha."

When I started watching the series, I immediately recognized the similar art style and fun demeanor in the dialogue and progression of storytelling. This realization piqued my curiosity, thus when I researched

and discovered that the writer of both "Yashahime" and "Inuyasha" was Sumisawa, it made me even more excited to know that new and old generations alike would be receiving beautiful and well written content.

The plot of "Yashahime" is about Towa and Setsuna, the daughters of Inuyasha's older brother Sesshomaru, and their cousin Moroha, Inuyasha's daughter. Yashahime translates to princess half-demon. The princess demons' title refers to the three grandchildren of the great dog demon Toga, and children of Sesshomaru and Inuyasha.

The show begins by introducing the audience to the sisters Towa and Setsuna in feudal era Japan. It shows them both very young and only caring for each other with no adults to be found.

After a forest fire erupts, the girls are separated, and through Towa's demonic power, she is magically transported to present day Japan where she is promptly adopted and raised by none other than her half-uncle-in-law Sota. The show then

slapped a time skip in the audience's face and took them to the present where Towa is now 14 years old, and through the same means as before, Setsuna and Moroha are transported to present day Japan, and the sisters are reunited.

Unfortunately, Setsuna does not remember her sister because her memories and ability to dream have been stolen by the dream butterfly; thus setting into motion the plot where Towa must help her sister regain what was stolen from her years ago.

The anime currently has 18 episodes and can be streamed on Hulu or Funimation. I have loved every second of the wacky hijinks, quirky personalities, beautiful sceneries and enthralling music. Even without the knowledge of having watched Inuyasha, any anime fan would enjoy this show. The show itself has barely touched on Inuyasha storylines and is mainly focused on Moroha's bounty hunting and Towa's quest. I personally believe this show is a must watch for anyone.

"THE BACHELOR": WHO GETS THE ROSE?

By **Kyleigh Hilbert**
MYSTIC MEDIA COORDINATOR

Over 8 million people watch the American reality TV show "The Bachelor" every Monday night. The show is on their twenty-fifth season along with their spin off show "The Bachelorette."

This current season has been one to make history. Starting off with this season's Bachelor, Matt James, being the first person of color to be the Bachelor. James is also the first in many years to not have been a contestant in a previous season of the Bachelor or Bachelorette. There was also a record number of 37 women contestants this season.

But the current season started off with only 32 women in week one and later adding in 5 more women during week 3. Adding on the 5 extra women definitely added more drama to the house and this season has been one of the most drama filled seasons yet.

When the new women arrived there was an immediate split between the original women and the new women. They even went as far as to call themselves the "Varsity Squad" for the originals and to keep themselves separate from the new women.

There was a "Mean Girls" group, including some drama-filled women, Kit Keenan, MJ Synder, and Victoria

Larson, who prefers being called "Queen Victoria." The group began when Sarah Trott interrupted a group date that she was not invited to. Sarah took James away from the other women to talk with him about something that she thought was urgent. After the conversation, the other women on the group date were furious and did not allow her to explain herself or apologize.

Sarah ended up self-eliminating because of the bullying from the mean girls' group.

The week three addition of five extra women sent the bullying group over the edge, especially in the group date competitions, trying to beat one another for a date with James, interrupting each other during one-on-one moments with James and competing to have more time than other women were getting.

As of Feb. 15, there are now only four women remaining, after James eliminated three women that he was not feeling as connected to and one self-eliminating herself. Next up is hometown dates coming in the Feb. 22 episode where James will get a chance to meet the women's families. This also means that there are only a few more episodes to go.

It's a real gamble on who James will end up picking and proposing to at the end of the season.

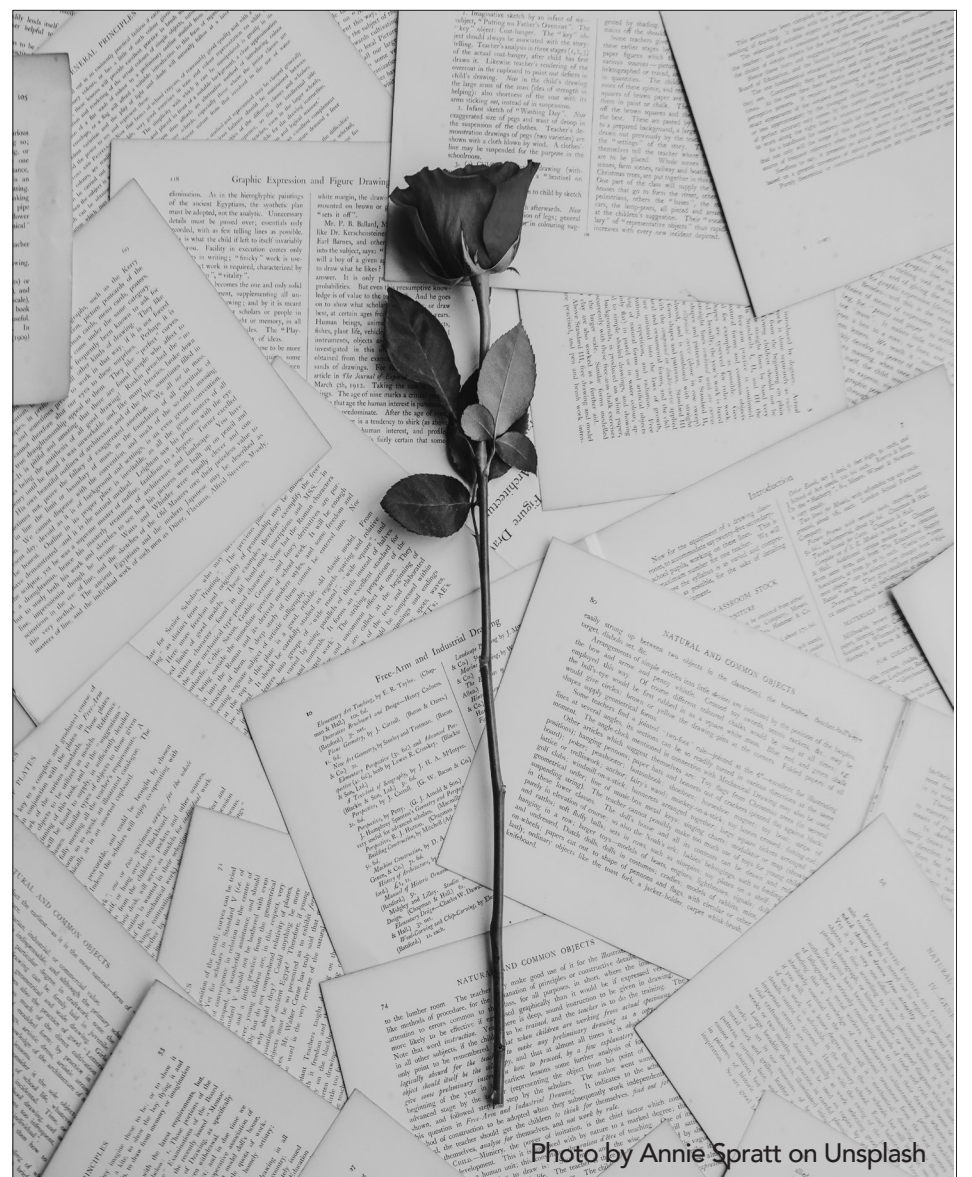


Photo by Annie Spratt on Unsplash

MYSTIC MEDIA DAY

On February 4, Mystic Media students put on a successful Mystic Media Day. With music and DJ's from The MYX, basketball shooting contests and prizes for students and staff.

Photos by: Kyleigh Hilbert

