

THE MYSTICIAN

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Editor-in-Chief: Katie Winbauer

MYX Director: Jordan Bitz

MystiCast Director: Erik Mattheis

Editors:

John Bettger

Andrew Dill

Alexis Larson

Devin Stelter

Ashley Thorpe

Staff:

Nicci Johnson

Michael Kashey

Meghan McNeil

Anika Rovig

Brett Williamson

Adviser:

karen Bauer

Contact us:

editor@mystician.com



On the cover:

The Communications and Creative Art Center opened its doors this semester. It is home to the library, English and art classes.

Photo by: Katie Winbauer

From the Editor's Desk

First things first – Welcome to the fall semester at Bismarck State College! Whether you're taking your first college class or returning to take the last three credits needed to graduate, this semester is sure to be a time of transition and growth.

It has been exciting to see the completion of new buildings on campus. The Student Union and Communications and Creative Art Center both look amazing and are great additions to campus.

Aside from the new look of campus, you'll notice a new look of The Mystician as well. Last fall The Mystician was given a "facelift" when it was changed into a newsmagazine format. This fall it will remain in the newsmagazine format, but with some botox injections.

Student involvement is my number one priority with the content in The Mystician this year. It's important that we, as the campus newspaper, are printing stories the campus wants to read. I want students to find themselves in pictures we take of campus activities. I also want students to read stories that feature their skills and triumphs.

With that being said I want to encourage each and every one of you to give me feedback. Whether it's an email, Facebook message, tweet or chat in person, let me know what you think and what I can do to make The Mystician even better. Let me know if there are stories we haven't written yet. Also, let me know if you've written a story that we should publish. I would love to read what other writers on campus have to share.

Good luck with the classes you're in, the sports you play and the clubs you take part in. Make this year the best it can be – I know I will!

Always,

A handwritten signature in black ink that reads 'Katie Winbauer'.

Katie Winbauer
Editor-in-Chief

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In the photo:
Kate Holzer, from Linton, North Dakota, helps her daughter Morgan set up her dorm room in Ritche Hall. Morgan is a freshman at Bismarck State College this semester.



In the photo:
Katie Palmer is a freshman resident of Swensen Hall. She toured the campus after unpacking.

Freshmen Hit Campus

Photo Essay by: Katie Winbauer

On Sunday, Aug. 23, students checked into the residence halls.



In the photo:
Allison Gion was deciding what decorations would look best in her dorm room. She's a freshman this semester from Mott-Regent, North Dakota.



In the photo:
Ally Albrecht, Kaela Schlichting and Selena Wolff are residential assistants for Swensen Hall on Bismarck State College's campus. They checked residents into their dorm rooms on Sunday, Aug. 23.



New Buildings

The Student Union and Communications and Creative Art Center are two new buildings on campus.

Story by: Erik Mattheis

BISMARCK STATE COLLEGE has additions and edits to campus. BSC developed a brand new Communications and Creative Art Center as well as an addition to the Student Union building.

The CCAC contains the new library, the English department and new studios for visual arts.

“BSC needed a makeover and the renovations really helped strengthen the school overall,” sophomore Christopher Grosz said. “The Communications and Creative Art Center was positively reinforced by spreading out all of the different areas within the building and making more room for the creative arts and the library.”

The library was made bigger so students could have more of a study and work area. “Libraries are about organized collections,” Marlene Anderson, Director of Library Services said.

Inside the library there is a new reading room and a bigger workspace for students. One new feature in the library is new shelving for books to make things easier for other students.

“In the new building, the library will have compact and mobile shelving, which allows them to shelve materials in a smaller footprint,” Anderson said. “The shelves actually run together on rails, and when a person wants to go down a particular aisle to get a

book, then we would just open up that particular bay.”

The rails run on the floor with each shelf attached. Staff will turn a crank in order to move each individual shelf. The library still contains a lot of their old shelves from the old library to make space to continue building their book collection.

“The new library will lend itself to the sounds of learning, which they believed happened in the old library as well,” Anderson said.

The new student union contains a brand new bookstore, Mystic Java, and a wide open game and study area along with the marketplace in one building. Also, on that very same level, students will find the Student and Residence Life center, campus information, and the Student Government Association. Upon leaving the main level to head downstairs, students will find student affairs, the Mystic Advising and Counseling Center (MACC), the Alumni room and the Missouri, Dakota, Flickertail and Prairie meeting rooms.

“Now that the union is renovated, you can see more students hanging out in the union more often,” Grosz said. “Also, this change made certain spots more popular such as the game room and Mystic Java, which has its own shop now instead of being inside the bookstore.”

“The new union serves as a great source of entertainment when you have nothing to do around here,” freshman Nathan Grosz said. “You could just go up to one building and grab a beverage or some food and then go to the game room and play a plethora of things such as pool, ping pong, foosball or even shuffleboard. Also, it is a great place to relax and study if need be.”

(Erik Mattheis is the MystiCast Director. Reach him at editor@mystician.com.)



In the photo:
The Communication and Creative Art Center has study tables and chairs throughout the hallways.
Photo by: Katie Winbauer



In the photo:
The Student Union contains the bookstore, a coffee shop, game area and marketplace.
Photo by: Erik Mattheis



GAMECHANGER series

Story by: Michael Kashey

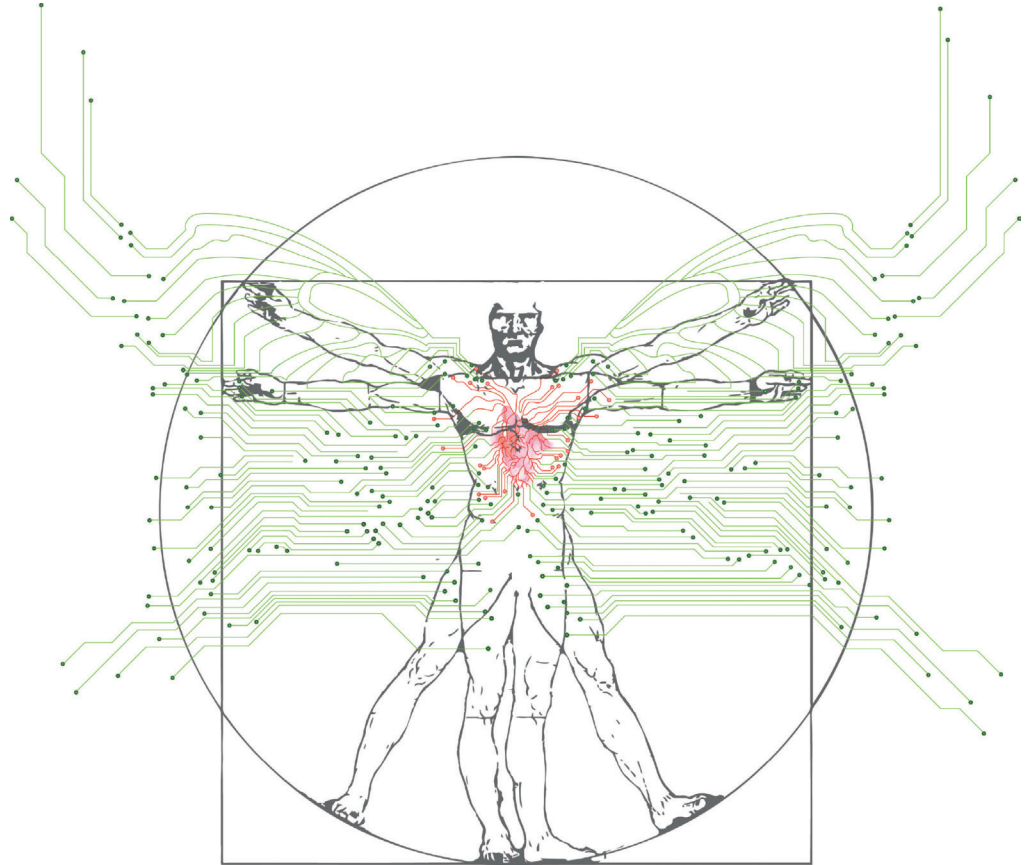
AS WE APPROACH the second decade of the new millennia, the human race has entered an era that is more connected than any civilization of the past several thousand years. With 40 percent of the world's population having access to the Internet, thoughts, songs and ideas can be spread around the globe in a matter of seconds. The North Dakota Humanities Council is celebrating this global phenomenon with their second annual "Game Changer Series."

According to Brenna Gerhardt, executive director of the North Dakota Humanities Council, the Game Changer Series is, "an annual ideas festival and our goal is to bring some of the most innovative thinkers in the world to Bismarck to share their game changing ideas."

This year's topic of discussion is "iHuman: How is Technology Changing our Future?"

Some key speakers this year include: Jaron Lanier, the father of virtual reality, speaking on how technology changes the economy; Noreen Herzfeld, Professor of Theology and Computer Science at St. John's University, conducting a seminar titled, "What Good is Heaven If You Never Die?" She will discuss ethical issues that may arise if it proves to be possible to transfer one's memory to a computer before death; Jon Ronson, social critic and author of "The Psychopath Test" will speak on the effects of public shaming via social networking.

This year's series will focus on bringing new views, ideas and solutions to the technological issues facing



Bismarck and the globe. Since the oil boom North Dakota has undergone countless changes as it attempts to keep up with its rapid growth, events such as The Game Changer could possibly help to keep the state ahead of the issues associated with its population shift.

The target audience is people who Gerhardt considers "game changers in the community – it's business leaders, it's community leaders, it's students who we believe are going to make change or be the innovative or thinkers for tomorrow."

"If you think about it, we all have

the power to enact change especially when technology goes. We control how it impacts our life, we just need to be conscious of that," she said.

The Game Changer Series will take place on Sept. 26, 2015 at Legacy High School in Bismarck. More information can be found at www.gamechangernd.com

(Michael Kashey is a reporter for The Mystician. Reach him at editor@mystician.com.)

Cannabis Oil Hits the Shelves

Story and photos by: Devin Stelter

A LOCAL BUSINESS has acquired a new medicine to begin selling to the public.

Terry's Health Products on E. Main Ave. will be stocking its shelves with CBD cannabis oil in the coming weeks.

Most people do not know exactly what CBD is or how it differs from THC. CBD stands for cannabidiol, and is one of the more than 80 chemicals that are found in the cannabis plant. THC, or tetrahydrocannabinol, is also derived from the marijuana plant. Though both come from the same source, they each have wildly different properties and effects. For instance, CBD is non-psychoactive, whereas THC is psychoactive. Tetrahydrocannabinol is what makes a person feel "high." THC and CBD each activate different receptors in the brain, so no matter how much CBD a person is administered, they will never have a change in their mental state.

The medical benefits also vary

between the two chemicals. CBD has been tested to aid patients with epilepsy, arthritis and even cancer. THC is more known to help with Glaucoma, loss of appetite and severe pain.

There has been some confusion as to where exactly the oil comes from. The CBD oil is not CBD derived from industrial hemp. The oil is taken directly from female cannabis plants. The oil is legal in the United States because it contains 0.03 percent THC or less. Even though the CBD comes from female cannabis plants, anything under 0.3 percent THC content is not technically considered marijuana.

"Marijuana is cannabis sativa, so is hemp but just like in humans, there is variation in the species. These variations result in multiple uses. One variety is preferred for its psychotropic effects and has different characteristics than the plant that is preferred for fiber and oil and is commonly known as hemp," Jean Rolandelli, the Associate Professor of Biology said.

"Some people have been scared that we will be carrying CBD, but they should definitely research it for themselves," said the manager of Terry's Health Products and naturopathic scholar, Soti Spencer. "The CBD oil is lab tested for purity and the plants that it comes from were grown specifically to produce high CBD and very low THC levels."

Cannabidiol has been taking the medical community by storm over the past few years.

The first major medical result of cannabidiol was when it was

administered to a young girl named Charlotte Figi. She was diagnosed with Dravet's Syndrome, a rare and severe form of epilepsy.

Charlotte had her first seizure when she was three months old, and they progressed until she was having approximately 300 grand mal seizures a week. Charlotte was completely debilitated. Her parents to no avail had tried numerous pharmaceuticals to help her.

When Charlotte was five years old, she was administered her first dose of medicinal CBD oil. After she began using the CBD oil, she went an entire week without having a seizure. Charlotte currently has only two or three seizures a month since beginning treatment on CBD oil.

"The whole marijuana plant is used, it's just high in CBD and low in THC," Spencer said. "Some of the things that can be treated with CBD are anxiety, sleep disorders, schizophrenia, crohn's and colitis and chronic inflammation like arthritis."

Terry's received the first shipment on August 27, and will expect another shipment to arrive in the next two weeks. The first shipment of CBD will be sold to the first 25 individuals who pre-ordered the oil.

The CBD oil will come in a one ounce bottle and have an on-sale price of \$49.99. In the near future, the oil will return to the original price of \$69.99 for one ounce.

(Devin Stelter is an editor for The Mystician. Reach him at editor@mystician.com.)



In the photo:

Soti Spencer is the manager of Terry's Health Products in Bismarck. She said some of the things that can be treated with CBD are anxiety, sleep disorders, schizophrenia and arthritis.

Athlete Spotlight

Story by: Anika Rovig



Name: **Lachelle Bumgarner**

Sport: **Volleyball**

Position: **Libaro**

Year: **Sophomore**

Favorite volleyball player: **Keri Walsh**



Name: **Bridger Leno**

Sport: **Soccer**

Position: **Central Defense**

Year: **Freshman**

Favorite Soccer Player: **Lionel Messi**

LACHELLE BUMGARNER eagerly awaited the BSC Mystics first home volleyball game against Valley City.

"I'm super excited! I think we're ready to compete against Valley," Bumgarner said before the game. "We won our tournament last weekend so we got to play quite a few matches together and get used to how everyone plays."

"It's going to be a tougher game, but I think we are definitely prepared," the BSC's starting libaro said.

Despite the fact that Valley City is a four year college, the age and experience of some of the juniors and seniors had no effect on the Mystics and their mission.

The Mystics had an exciting 3-1 win over the Vikings.

For Bumgarner and her team, they have a set goal to make it to nationals, which is attainable with their experience with each other on the floor.

"For me, I just want to do the best I can do in the libero position, and I try to improve every game," Bumgarner said.

Spectators filled the gym to watch the Mystics in action and saw how well this young team is attaining their goals.

BRIDGER LENO can't wait to see what the BSC Mystics soccer team is capable of this season. The freshman from Bismarck Century High School said he is hoping for a successful year.

Leno has been playing soccer since he was in first grade. You could say he knows a thing or two about how a successful team would look.

"This is by far the best team I've had the chance to play for," the central defensive player said.

The Mystics wasted no time winning their first home game against Lake Superior College 7-0, followed by another successful win against Riverland Community College 5-1. After their stretch of home games they will start to prepare for a conference title.

(Anika Rovig is a reporter for The Mystician. Reach her at editor@mystician.com.)

Watch them in action:

Volleyball Home Games:

Wednesday, September 23 at 7 p.m.

Wednesday, October 7 at 7 p.m.

Wednesday, October 21 at 7 p.m.

Soccer Home Games:

Saturday, October 3 at 6:30 p.m.

Sunday, October 11 at 1 p.m.

Sunday, October 18 at 3:30 p.m.

Capitals Make Nationals

Story by: Andrew Dill **Bismarck Little League team took third at World Series**

NEARLY A YEAR removed from capturing a World Series championship, the Bismarck Capitals, 13-year-old All-Stars, were at it again – looking for more hardware to bring back home to Bismarck. The Capitals started out pool play strong, including two blowout victories in back-to-back fashion. The 13's opened the tournament with an 11-0 victory over the host team Jamestown, New York, followed by a 7-0 shutout over Janesville, Wisconsin.

The very next game tested the team's strengths. After falling behind 4-2 late into the game, the Capitals drove in two runs to knot it up at four apiece in the sixth inning. Bismarck's Connor Weikum played hero as he pushed the Capitals to a 5-4 win with an RBI single in the bottom half of the seventh.

With one game left in pool play, Bismarck capped it off with a 6-4 victory over Paulino, New York, capturing the top seed from their pool.

Unfortunately for the Capitals, their chance at repeating as champions came up short in their very next game against Tri-Valley, California. Alec

Grothe, head coach of the Bismarck Capitals, noted that Tri-Valley went on to win the World Series, defeating Maine by the final of 20-0.

Although the Capitals fell short of their goal, Grothe expressed that the tournament was challenging for his players, making the team better as a whole.

"Every team had good players that if you made a mistake, they would take advantage of it," Grothe said. "Our kids on our team were not used to close match-ups like we saw in the World Series ... we were seeing eight to ten of the best teams in the nation."

Although the Capitals were fresh off a World Series title, they had to make some adjustments along the way. From the age of 12 to 13, the rules and dimensions change.

"I think the biggest challenge to them right away was getting used to the longer throws across the diamond and also longer throws to home off of the pitcher's mound," Grothe said. "They had to make adjustments waiting for the ball to travel to the plate and not get out ahead."

Another challenging aspect to the new rules for the Capitals was the idea of stealing bases.

"In Cal Ripken 12-year-olds, the rules were that you had to wait until the ball crosses the plate in order to steal, there was no leading off or balking either," Grothe said. "These were all new skills that they had to develop and learn very quickly in order to start playing games."

Aside from the World Series and baseball related activities, the Capitals received the opportunity to explore places such as Niagara Falls.

"While at Niagara Falls, the players got to go on the Maid of the Mist, which is a boat that takes you next to the falls," Grothe added. "We also saw a lot of historic things in Jamestown, in which the tournament was held."

The kids had the chance to experience what it was like to be a professional player. The experience was getting the chance to equip Babe Ruth's bat.

"This meant a lot to them because Babe Ruth is known as the world's greatest baseball player and they were holding a piece of history," Grothe said.

When it's all said and done, this won't be the last time we hear of Capitals as they move up to the 14-year-old division next season. As for head coach Alec Grothe, he hopes he can return to coach the team next year, noting the team was a fun group to be with and played the game the right way.

(Andrew Dill is an editor for The Mystician. Reach him at editor@mystician.org.)



In the photo: The Capitals won the World Series championship in 2014 and took third in the competition this year. Photo Submitted

Campus Read:

“The Circle”

Story by: Brett Williamson

AFTER A TRIP to the bookstore for the semester, many students found themselves purchasing the same book, but for different classes. The cover of the book has a red matrix with the title “The Circle.” Seeing this book everywhere can leave students wondering what it’s about and why it’s everywhere on campus.

This year’s Campus Read selection is David Eggers’ 2013 novel “The Circle,” a satire about a young woman adapting to a technologically advancing society with underlying themes that serve as a warning to the paradoxes of modern progress.

The Campus Read started in the fall of 2004 with “Montana 1948” being the inaugural book. Since that time, the Campus Read has become a Bismarck State College tradition with books such as “The Hunger Games,” “Into the Wild” and “American Boy.” The program was established to build upon the BSC community and give students and faculty a common point of discussion throughout the year.

“We want to make sure that we are reaching a larger audience than just the English department with this year’s book selection,” said Michael Tomanek, assistant professor of English and co-chair of the Campus Read committee. “There are ideas in the book that are applicable to any number of disciplines that we focus on here at BSC.”

During the spring semester of 2015, Tayo Basquiat, assistant professor of philosophy, required his Ethics 210 class to read “The Circle”

before it became this year’s Campus Read.

“Ethics has a lot of case studies and it seems like every five pages or so there was some incident that would happen in this book that could make for a good case study,” Basquiat said. “It is also very relevant to the world we live in, granted it is a fictionalized view of the world we live in, and it is stretched to places we are not to yet.”

With the book’s modern themes and a relatable world, the reviews from the student body have been on the positive side. Students tend to cringe when they head to the bookstore and return with a 497 page book they have never heard of and are told it is a required read.

“I didn’t hear any complaints about having to read the book,” Basquiat said. “It is unusual for me not to hear some kind of griping about it, and I just didn’t with this book.”

Marcie Woehl, vice-president of the Student Government Association, read the “The Circle” during the summer in preparation for the book becoming this year’s Campus Read.

“I really liked the book,” Woehl said. “I am a fan of the dystopian novels, so I thought it was an interesting perspective that hasn’t really been talked about before. You have the relative George

Orwell novels, where it is some kind of figure taking over civilization, but in this book it is technology, and the characters are not necessarily aware that they are being taken over as much as they are; I thought that was really cool.”

For more information on “The Circle” go to www.campusread.blogspot.com.

(Brett Williamson is a reporter for The Mystician. Reach him at editor@mystician.org.)

In the photo:

Marcie Woehl, vice-president of the Student Government Association enjoyed reading “The Circle” because she thought it had an interesting perspective. Photo by: Brett Williamson



“Think About It”

Story and photos by: Alexis Larson

New students are required to watch two and a half hour video.



In the photo:
Hunter Anderson is a new student at Bismarck State College. He doesn't think the video should be required for all students,

She said she felt that the course should be required for all students at BSC not just new, incoming students.

“It is very educational and helps give people a wake up call about what is out there,” Gallagher said.

She also said the video could be simplified so that it does not take as much time.

“In a lot of ways the video did benefit me, but a lot of its material did not apply to me. Like the drinking and doing drugs – I don't do it so it didn't really apply to me,” Gallagher said. “Something I would have liked to see though, would have been information on how to protect yourself from rape and not just learn what it is.”

Hunter Anderson, a sophomore, but new to BSC, felt that the video did not apply to his life.

“I don't use drugs and my whole high school career my mom discouraged me from drinking alcohol, so I don't do that either because I know what the consequences are,” Anderson said.

Anderson also said he does not think that this video should be required for all students at BSC to watch.

“Students who are not freshmen have already been to college and know what goes on, so they are already aware of what can happen,” he said. “The video did have certain parts that benefited me and probably others that will keep us more aware of what people can get themselves into and allow us to look out for each other.”

For more information on the video go to www.bismarckstate.edu and click on the “Think About It” course link.

(Alexis Larson is an editor for The Mystician. Reach her at editor@mystician.com.)

WITH INCOMING Bismarck State College students come new policies. A new requirement for BSC students is to watch the “Think About It” video.

In order to register for spring semester, students must complete the two and a half hour course. The course gives students information on how to protect and take care of themselves on campus and during their college careers. Students must also answer questions about the topics, which include alcohol and drug information, expectations when it comes to “hooking up” and information on rape.

The problem that students are talking about is they feel as if this course is pointless or a waste of time.

“My whole life I've been sheltered by my parents, so the video helped me understand what to watch out for,” Asha Gallagher, a freshman said. “A lot of the information was good, but some of it was a waste of time.”



In the photo:
Asha Gallagher is a freshman. She thought some of the information in the video was useful, but some a waste of time.



OUR AREA LOCATIONS

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President Skogen Returns

Since completing his interim chancellor duties, President Larry Skogen is back on campus.

Story by: Katie Winbauer



In the photo:

Larry Skogen, Bismarck State College President, sits in his office, which is located in the National Energy Center of Excellence. "I knew I was coming back. This is home to me," he said.

Photo by: Katie Winbauer

FALL SEMESTER at Bismarck State College is filled with new buildings and new faces. One of these faces that may seem new to some, is familiar to many.

President Larry Skogen returned to BSC over the summer. He was out of his office since November 2013, while serving as Interim Chancellor for the North Dakota Board of Higher Education.

Although he knew he would be leaving BSC for quite some time, Skogen always planned on returning.

"I think we have a very exciting future for this community and for this college," Skogen said. "I wanted to be part of that."

Skogen became the president of BSC on March 1, 2007. He is from Hettinger, North Dakota and served in the United States Air Force for 26 years.

Skogen was the vice president of a college in New Mexico when he decided to come back to North Dakota. His parents had grown elderly, and Skogen thought it would be ideal to move closer.

Shortly after thinking about moving back, Skogen saw an advertisement for the president at BSC. He said it was "serendipity on steroids,"

since this job opening was available to him.

Skogen was hired in the fall of 2006.

In 2013, the current chancellor's contract was bought out, and Skogen was asked to be acting Chancellor.

"I was both at BSC and in the Chancellor's office for four months going back and forth ... that was busy," Skogen said.

The Board of Higher Education then decided to make an interim position to get through the next legislative session. Skogen applied for the position and got it, but not without making sure his contract stated his return to BSC.

"Frankly ... I wouldn't have done it if they said I wasn't coming back to BSC," Skogen said.

Skogen said during the time he was leaving there were many projects going on, and he knew it was going to be an exciting time for the campus.

He said it also was important for him to come back to the college level because "the higher you get in administration, the further distance you are from the students and from your purpose."

Now that he's been back, Skogen said it's been amazing to see the level of activity and excitement from the student body.

He enjoys walking around campus to interact with students and faculty.

"It's important I'm out in the environment. I'm not going to get any interaction here," Skogen said gesturing to his office.

The transition of coming back to campus has been easy for Skogen. He compares his leave for interim chancellor to that of a husband getting deployed to war.

"So the husband goes off on a deployment ... mom now becomes mom and dad. She has to do everything," Skogen said. "Then after a year, he comes back and she says, 'what do I need you for -- I've got all this figured out.'"

Skogen said sometimes the hard part of the transition is for the employees who have been at BSC.

"What I asked employees when I came back, is to recognize that there can be some adjustment since I've been gone for two years," Skogen said.

The plan now is to catch up.

With the new Student Union, Communications and Creative Art Center and residence halls, the campus has grown, even over the past summer.

"I think Bismarck State College is positioned so well right now to move into a very exciting future," Skogen said.

While Skogen isn't exactly sure what that future looks like – he said it's not going to be your "mother's or father's BJC," or "high school on the hill."

"As we think about the future of education at Bismarck State College, we've got to think about the future in terms of how you have grown up in this world," Skogen said referring to students. "How do we prepare you for a world that we can't even envision?"

Skogen said this preparation consists of skills such as creative thinking, collaboration and communication.

(Katie Winbauer is the editor-in-chief of The Mystician. Reach her at editor@mystician.com.)

"I think Bismarck State College is positioned so well right now to move into a very exciting future."

-Larry Skogen, Bismarck State College President



THE INSIDE of the police car is pleasantly cool, a striking contrast to the hot, humid outside air. The police officer is relieved to be in the vehicle, worn down and challenged by the added warmth of the thick protective gear that she wears every day. Gadgets in the car are humming and frequent buzzes and chirps are coming from her computer, alerting her to potential dangers and crimes taking place all over the city. She takes it all in stride, precisely backing the vehicle out of the parking space and calmly pulling onto the road and to the challenges ahead.

Police Officer Scarlett Vetter, age 35, has been with the Bismarck Police Department for six years now, and absolutely loves her job. When asked what her favorite part of being a police officer is, she already had the answer on the tip of her tongue.

“Definitely the variety,” Officer Vetter said. “Not one day is ever the same; you can have ten different domestic calls in one day, and they’ll all be different.”

Along with the variety, Officer Vetter said the bond between her coworkers is one of the best parts. Not only is

there a bond between the BPD officers on that shift, but also with county sheriffs, the fire department and all other responders working with her.

“There has to be a certain bond there with these guys, because ultimately, you have to trust them with your life,” Officer Vetter said. “I like the shift I’m on, since these guys know what I’m capable of because of the familiarity.”

Despite this bond, Officer Vetter spoke of gender discrimination in her work field as well.

“In this line of work, women definitely have to prove themselves more than men,” Officer Vetter said. “It makes working with the guys on my shift a lot easier, because I’ve done that.”

Before she worked for the BPD, Officer Vetter was an office manager and worked in criminal records at the Burleigh County Sheriff’s Department, and before that, she attended school for two years at Bismarck State College and another two years at Minot State University. At both the sheriff’s department and BSC, she received

a lot of encouragement from her coworkers and teachers to look into the BPD. At BSC, Officer Vetter credits Professor Joe Ellefson in particular.

“He’s really the one who got me into law enforcement,” Officer Vetter said. “I took one of his classes while at BSC, and he was also my adviser. He pushed me in that direction really hard.”

Ellefson remembers Officer Vetter fondly, saying that she was a good student, and recalls that they had some great conversations.

“She was sharp enough on her feet, and I knew that she had the makeup, the potential, to be a quality officer,” Ellefson said. “This line of work isn’t for everybody, but she’s done a terrific job.”

As far as a day by day outline of the job, Officer Vetter said it’s impossible to give a definite answer. Every single day is different when it comes to what’s reported. The busiest day of the week can be a Tuesday, while the slowest day of the week can end up being a Saturday. What Officer Vetter said with assurance, however, is that it’s not as



A Day in the Life of Officer Vetter

Story and photo by: Ashley Thorpe

scary and action packed as most of the public may think.

“What you see is on the media, so you’re going to see the worst of the worst,” Officer Vetter said. “You don’t see the day by day things.”

“She was sharp enough on her feet, and I knew that she had the makeup, the potential, to be a quality officer.”

-Joe Ellefson, Associate Professor of Criminal Justice

On one given day, in the span of two and a half hours, Officer Vetter had five different calls, all ranging in severity. The first call was a car accident involving a man who was possibly on narcotics and had a back injury. As soon as the call came in, Officer Vetter switched on her lights and fiddled with some buttons to turn on her car sirens. She expertly weaved through traffic at a swift but careful speed while pulling on black gloves for protection.

“You have to wear the gloves for

protection, since there will possibly be blood at the scene,” Officer Vetter said. “You don’t want to put yourself in danger in those types of situations, so gloves are important.”

Officer Vetter was the first on the

scene, rushing out into the field to help assist the man. Not far behind her was a fellow police officer, along with officers from the county sheriff’s department, the fire department and an ambulance. After about half an hour of teamwork between the different departments, the man was in the ambulance and on the way to the hospital.

Four other calls, ranging from suspicious activity around Miller

Elementary School to a domestic call at one of Bismarck’s public parks, were called in within the next two hours. Sometimes Officer Vetter took time to type out some of the report on that call right after the incident, and other times she didn’t.

“If it’s a slow day, I try to beat it out right away, but when it’s busy I leave it for later,” Officer Vetter said. “All reports that happen on that shift, though, have to be finished by the end of the same shift.”

Officer Vetter said it’s very important as a police officer to never get into the mindset that every day is going to be the same.

“As soon as you start doing that, you can get complacent, and let your guard down,” Officer Vetter said. “Every day is different, so you need to always be ready for anything.”

(Ashley Thorpe is a reporter for The Mystician. Reach her at editor@mystician.com.)

The Beginning of a New Era

Story and photo by: Meghan McNeil

THIS YEAR students can see the beginning of a new era in the Bismarck State College Theatre Department, with the retirement of Dan Rodgers and the arrival of Associate Professor Dr. Danny Devlin.

Devlin has over a decade of professional theatre and on screen experience, that includes roles in commercials, and in the movie “Jayhawkers” (2014). He also appeared in the TV movie “A More Perfect Union” in 2009. Dr. Devlin cited his role in Arthur Miller’s All My Sons as being his most memorable on-stage experience, as it was performed in English for a Chinese audience.

Throughout his young life, he had participated in theatre before finding his passion for the art of acting in high school.

“What inspired me to join was that I realized, theatre in general, made me a better person,” Devlin said.

Devlin stated that what keeps drawing him back to the theatre is the large sense of community and how much he continues to learn.

“Studying performance and acting in theatre has been one of the best choices a lot of students have made. It’s a useful major and will surprise you. The skills you learn are applicable across a large variety of professional and personal commitments that you are going to have in your life,” Devlin said.

Devlin received a Bachelor of Arts from Christopher Newport University, a masters in fine arts and theatre

pedagogy performance from Virginia Commonwealth University and a doctorate in philosophy and theatre studies.

During the formation of his acting abilities in college, he was influenced by many teachers and fellow students.

“Steven Breese was a large influence on me; he is one of my favorite directors,” Devlin said. “Boone Hopkins was a fellow graduate student at Virginia Commonwealth and the University of Kansas, and I work with him often.”

Not only is Devlin an accomplished actor, he has had a valuable variety of teaching experiences. He served as an instructor of theatre at Baker University, Duke University and was a graduate teaching assistant at the University Of Kansas; which led him to the beginning of his career at BSC.

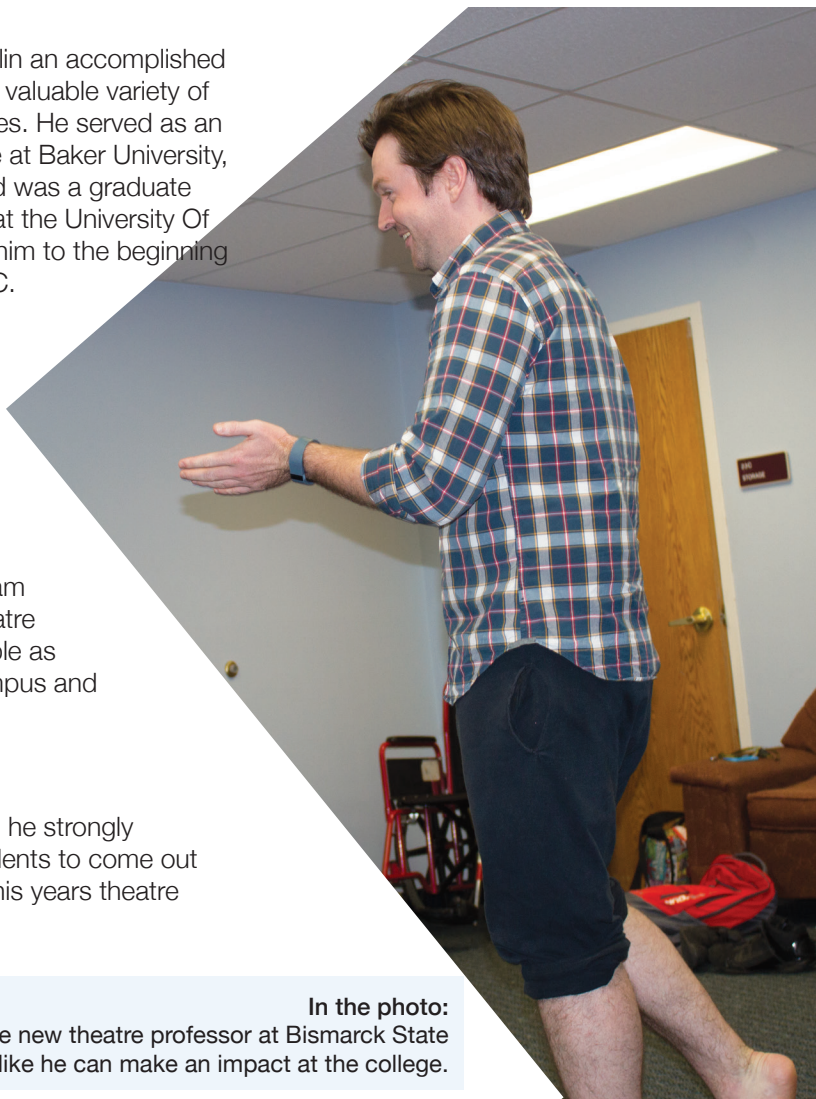
“I felt I could make an impact here,” he said. “I’m stepping into some big shoes.”

Devlin’s future goals for the program are making the theatre department as visible as possible to the campus and community.

Devlin said that he strongly encourages all students to come out and participate in this years theatre season.

The lineup for the upcoming theatre season is “Dog Sees God: Confessions of a Teenage Blockhead,” “Eurydice” and “Legally Blonde the Musical.”

(Meghan McNeil is a reporter for The Mystician. Reach her at editor@mystician.com.)



In the photo: Dr. Danny Devlin is the new theatre professor at Bismarck State College. He said he feels like he can make an impact at the college.



The Big Waffle Truck

Story and photo by:
Brett Williamson

SATURDAY MORNING can be a brief moment of relief for busy Bismarck State College students. It's a day to kick back from most academics and seize the day by the horns. For most college students, after a week of cramming and instant noodles, the palate begins to crave something with some pizzazz by the weekend.

“ ... bike down to the market, and there will be a treat waiting for you at the end.”

-Beth Schapz Kaylor, owner of The Big Waffle Truck

Beth Schapz Kaylor, owner of The Big Waffle Truck, can cure those Saturday munchies with her unique brand of homemade waffles that are served made-to-order from her bakery on wheels in Sertoma Park. The Big Waffle Truck's location is within biking distance from the BSC campus along River Road, just before the Dakota Zoo.

“I encourage BSC students if they have a bike on campus, bike down to the market, and there will be a treat waiting for you at the end,” Kaylor said.

Every Saturday, Kaylor features her waffles as part of the BisMarket, Bismarck's seasonal farmers market. She uses her location within the market to her advantage by using farm fresh

flour and local milk,” she said. “I have purchased vegetables and did a BLT waffle and used the tomatoes from a farmer who had a booth that was set up right next to my truck. I try to infuse ingredients that are grown in North Dakota.”

With her access to fresh North Dakota ingredients via the BisMarket, her menus shift with Mother Nature's seasons.

“The menu changes on what is available from local farmers, what's in season and what I can procure that is fresh,” Kaylor said. “For example, we just moved out of berry season and peach season, so we will be moving more into fall flavors. During September, I imagine there might be a pumpkin spice and apple.”

Kaylor offers many innovative waffles to her patrons. The “Elvis waffle” is a crowd favorite, which is peanut butter, banana, Nutella and chocolate chips on a homemade waffle. Whether

ingredients in her culinary creations. it is sweet or savory, Kaylor has the fix.

“I try to use a lot of local ingredients such as North Dakota

“The savory option is always great, we did this BLT waffle last weekend and figured I would do a pulled-pork waffle this weekend, people really seem to dig that,” she said. “Anything with Biscoff is popular. Biscoff is like Nutella, but it's not chocolate – it is a cookie spread. We use that with our homemade whip cream and we pile on whatever we can to make it taste awesome and look pretty.”

Kaylor's waffles on wheels is a new idea to the Bismarck growing food vendor scene.

“What I really wanted to do is something morning and breakfast that would work at a farmers market scene,” she said. “Personally, I love breakfast and I love waffles. I wanted something that could use local input, so I can use local milk and local flour in my batter.”

Kaylor's waffles tend to sell fast so she encourages people to make the trip early in the day.

“I've been there a few times and there's always a bit of a line, but it's more than worth the wait,” Jason Heupel, Bismarck resident, said. “I look forward to any special waffles she might make each week.”

The Big Waffle Truck will be open from 10 a.m. to 1 p.m., on Saturdays in Sertoma Park, near shelter five. The Big Waffle Truck will close after September for the winter months.

For more information, go to www.facebook.com/bigwaffletruck.

(Brett Williamson is a reporter for The Mystician. Reach him at editor@mystician.com.)



Prescriptions for Life With Dr. T & Nicci J

IT'S BACK to school time and social media is blowing up with first day of school photos. We thought we'd get in on the hype.

BTW, we are Dr. T and Nicci J.

We write an advice column for college students. If you have suggestions, comments or questions regarding any area of your life, contact us at editor@mystician.com or just stop us in the hall – we'd love to hear from you.

Along with new clothes, fresh haircuts, planners, colored pens, notebooks and sweet Chuck Taylors comes anticipation, anxiety, high expectations, schedules that must be

kept and a whole lot of new responsibilities. Welcome to your new college life.

Now what?

It doesn't matter if you are a professor, first-year college student, graduating this semester or for that matter entering kindergarten, we all experience the same

excitement and fear of starting something new. Don't worry, these feelings are completely normal.

We came up with three main areas to focus on to help you through this transition: Priorities, Self-care, and Reaching out. Let's talk about these.

#1: Priorities

Remember: You are in control of your agenda. Being pulled in many different directions feels like there's no time to focus on priorities. We suggest you assess your time management, hour by hour, during the week. We all get distracted by things more "fun" and this puts a wrench in your

agenda. If you are binging Netflix four days a week, five hours a day, instead of reading your biology homework or writing your composition paper, this is a time management/priorities issue. We suggest you get a planner, (free planners are at the campus bookstore) create a schedule, and most importantly stick to it.

2: Self-care

Exercise, eat well, hydrate, sleep. Keep it simple when feeling stressed. Listen to your body and mind. Take a break, go for a walk, try to re-energize when you need it.

#3: Reach out

Simply put, ask for help when you need it. Your professors, tutors, counselors and staff at BSC are all here for the sole purpose of your education and seeing you succeed. Don't be afraid to ask for help. Your future self will thank you.

Best of luck this coming semester,

Dr. T and Nicci J.

Welcome Back to the BSC Bookstore!



Bring in this
coupon & receive
10% off
of apparel items

The BSC Bookstore is
located in the new Student
Union building.

BEARSCAT *Bakehouse*

BRING IN THIS COUPON & GET
\$1 OFF
any coffee or smoothie

3 - 7 P.M. MONDAY - THURSDAY
IN THE
BSC AQUATIC CENTER

Student Government Update

My Fellow Mystics,

What happened to this place? With all the construction, Bismarck State College doesn't look like the same school at all. There are so many students running around, connecting with each other and visiting together. This place is starting to come alive like a real community.

The Communications and Creative Art Center is beautiful with large windows, open spaces and a commanding view. Our Student Union has finally finished being remodeled and is a popular hot spot for students to meet. Ritchie Hall has joined the family of campus dormitories. In addition, students may also have noticed demolition of the old library.

While the landscape changes, a familiar face can be seen. President Larry C. Skogen has returned to BSC! Be sure to say hello and give him a warm welcome home!

An exciting year awaits as the BSC Student Government Association builds on this momentum by moving forward with a schedule packed full of events and activities.

In the coming weeks SGA will be welcoming new representatives into the senate after the freshmen elections. The Oktoberfest celebration will include stick horse races, a German themed scavenger hunt, grocery bag bingo, lip sync battles, cookouts, and more. Activities will then continue into the first weekend of October with Family Weekend.

Due to a high number of passionate students, SGA is exploring the possibility of hosting a dance. If you have two left feet like me, fear not, friend. A dance instructor could be made available to guide students in various styles. Salsa, anyone?

The student government also has several of important business items on the agenda. The North Dakota Student Association will meet this Sept. 25 and 26 in Fargo to address the legality of last years' elections and changes to the constitution.



SGA may be restructured this semester to establish a congress for clubs and organizations. The new body would better meet the needs of individual clubs and promote synergy within the group. Three new clubs will be joining a growing list for BSC; the Art, Psychology and Engineering clubs.

Like SGA on Facebook and follow on Twitter. You can also email us at bsc.sga@bismarckstate.edu. Better yet, pay a visit to the SGA headquarters inside the Student & Residence Life office at the Student Union.

-John Bettger, President

Freshman Elections

ALL ACROSS North Dakota thousands of students are migrating back to school. For many students that graduated high school last spring, this will be their first time setting foot on the Bismarck State College grounds. A select few are running for office this fall to represent the freshmen class during student government meetings.

The task of ensuring the elections run smoothly falls on the shoulders of Mercede Christ. She is the Chairwoman of the Elections and Ethics Committee for the Student Government Association. The committee is responsible for organizing both the Fall and Spring elections, determining the process in which they occur and holding SGA to high ethical standards.

Christ is a strong supporter of student involvement and wants to see freshmen join the decision making process of SGA.

"I encourage all current freshmen to come out and participate and run in this election," Christ said. "This is a way for you to put yourself out there and dive deeper into what all students' costs truly are and where certain funds go towards."

Freshmen at Bismarck State College bring fresh eyes and a new perspective. Christ believes freshmen are one of the best resources that the SGA can rely on to help create and promote new ideas for campus life.

"Students at Bismarck State College need a voice, and one of the most recognizable ways that this can be accomplished is through... the Student Government Association."

The Freshmen elections will be take place Tuesday, Sept. 15 at the Mystic Marketplace from 11 a.m. - 1 p.m. The senators running will occupy freshmen seats, so only the lower classmen will be allowed to vote. Freshmen, remember to bring your student ID if you intend to place your vote.

Visit www.bscstudentgovernment.wordpress.com for more information on the candidates or talk to John Bettger, president of SGA.

#LetsGetMystical

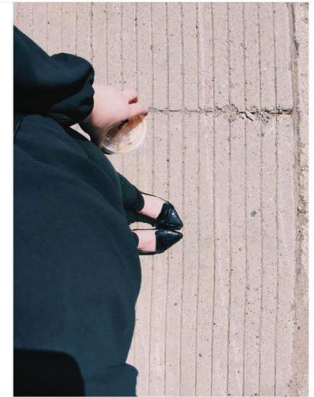
 **rachel_schroeder**
Bismarck State College-beyond 2d



Want your posts featured in The Mystician? Use #LetsGetMystical on social media and see your posts in the next month's issue!

*Nothing drug or alcohol related will be tolerated.

 **whatsupwithsarah**
Bismarck State College-beyond 3h



 **nickvansick**
Bismarck State College-beyond 5d



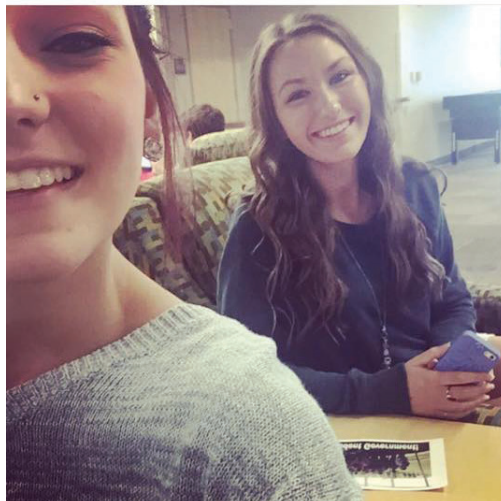
 **madisonlyn4**
Bismarck State College-beyond 4d



 **maryvoll**
Bismarck State College-beyond 2d



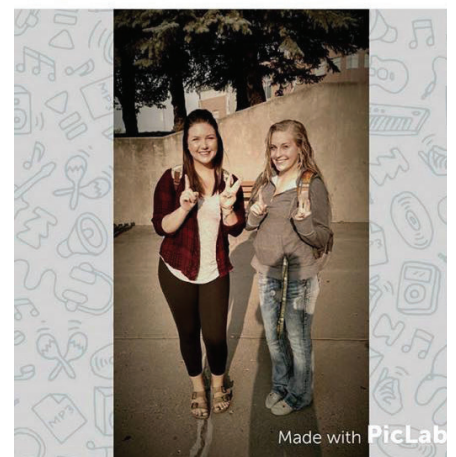
 **kaeleerhoden**
Bismarck State College-beyond 23h



 **kensolmonson**
Bismarck State College-beyond 13m



 **ashlee315**
Bismarck State College-beyond 3d



Staff Editorial:

Campus Doesn't Live up to Reputation

Contributors:

John Bettger

Andrew Dill

Sean Hager

Micheal Kashey

Alexis Larson

Erik Mattheis

Anika Rovig

Devin Stelter

Ashley Thorpe

Brett Williamson

Katie Winbauer

Contact Us:

editor@mystician.org

Mission Statement:

The purpose of college media is to serve and give voice to students. We, as the student-based forum of journalism on campus, are expected to provide content that is informative, fair and concise. With this goal in mind, the news-magazine is dedicated to accuracy and maintaining ethical practices.

The Bismarck State College Mystician strives to be objective and is not affiliated with any religion or organization.

The Mystician upholds the principles guaranteed by the First Amendment and utilizes these rights to bring diverse, entertaining and thought-provoking material to the college community.

Disclaimer:

Opinions expressed in this publication are those of the individual writer and not necessarily shared by Bismarck State College or the Mystician Staff. We welcome comments and letters from our readers. All letters to the editor must be signed and include contact information.

THE FIRST thing that comes to mind when people think about Bismarck State College is usually crayon references or calling it a high school on the hill. BSC is only a two year college. However, the junior college is starting to spice it up, including the addition of new buildings, dorms and even technology.

There is a certain stigma that surrounds BSC, yet it is the third largest campus in the North Dakota University System, sitting right behind the University of North Dakota and North Dakota State University.

One stereotype that seems to scratch the surface is the notion that BSC is almost like high school, meaning you get in and out without being challenged. Despite this belief, classes at BSC are comparable to classes at any university. They might be more hands on since BSC typically smaller class sizes. Homework assignments and huge projects are not uncommon, and some are expected to be completed after the first week.

The Student Union is home to activities and other places such as pool tables, a coffee bar, the market and a bookstore. The

Communications and Creative Art Center has a learning commons area filled with books and technology to help students connect and succeed. Events are taking place across campus and there are weekly activities put on by organizations like the Student Government Association, Phi Theta Kappa and The Mystic Media students.

Over the past few years, the events and activities scheduled lacked the promotion to attract students and faculty. Already a week into the school year, the culture has shifted. Previously, athletic teams met up one-by-one to go over topics pertaining to their sports. This year all of the teams were brought together to go over important rules and guidelines to follow.

Reputations can take a while to dispel but BSC is taking all the right steps to stop being known for the high school on the hill. The continuous growth on campus and the initiative to have campus activities and events are making this school a better place. We as The Mystician staff are proud to be a part of that.





Trending Topics: Hillary Clinton

Story by: Katie Winbauer

and for using her personal email while in her position as Secretary of State. These two parts of Hillary's reputation could be overlooked by some and even forgotten about by many, but one thing about Hillary is certain – She is a woman.

The reason I'm bringing up her gender isn't because I think it matters, it's because I'm sick of other people thinking it matters. Ever since rumors began about her running for president in 2016, it seems as though her gender is talked about more than it needs to be. I've heard people say things like, "I'm voting for Hillary because she's a woman, and we need a woman in the White House," or "I hope Hillary doesn't win because women shouldn't be presidents." Both of these comments are ignorant.

As a woman who has feminist views, I in no way want to make it sound like I don't support women or their success. I would love to see the first woman president, but I wouldn't like to see her voted in simply because she'll be the first woman president. While certain characteristics of the two genders do come into play, they are not important enough to base job qualifications.

This column was written without looking at Hillary's platform or any other candidates' views. I don't know who will get my vote in 2016. Although I do know, Hillary is not getting my vote simply based on her gender, but hey, I might vote for her based on what she stands for and plans to do.

(Katie Winbauer is the editor-in-chief of The Mystician. Reach her at editor@mystician.com.)

HILLARY RODHAM CLINTON is known for two main reasons: sticking by her husband after he did "not have sexual relations" with Monica Lewinsky

Reclaim Your Agenda

Story by: Nicci Johnson

ARE YOU EASILY DISTRACTED?

I know I have been completely distracted some days. After careful review I have discovered the best thing to do is to reclaim your agenda. It's so easy to slip into digital distractions and conformity. We measure our success by clicks, likes, shares and how many comments and posts are on our pages. We conform to what others are doing for fear of missing out (FOMO) or fear of not being liked. What I noticed is there are three things that are really important to measure and improve: Your story, your character and your conduct.

What does it say about us if we can't pull back from our distractions?

It's essentially an addiction. Let's get some vision on what's meaningful and begin to be in charge of our agenda:

1: Clarity

Get clear about what you want.

Make a vision board, set up sticky notes with positive sayings, truth statements or mantras all over your home and office. Reframing your thoughts are essential.

2: Direction

What action is needed to reclaim your schedule, your agenda and your life? Do it! Don't wait! No one will do it for you.

3: Progress

Track your progress. Also, celebrate your small successes along the way.

Being self determined is golden. Re-evaluate your tasks, responsibilities and opportunities.

Do they align with your goals? Does it enliven us? Are there activities that come up short that we need to release?

We can make the choice today to reclaim our agenda. What will you do to take charge of your life?

(Nicci Johnson is a reporter for The Mystician. Reach her at editor@mystician.com.)



Point of View

Blended Families Story by: Ashley Thorpe

EVERYONE HAS heard of the character “the evil stepmother,” and along with that, they’ve heard of “the evil stepsisters,” too. These beliefs originate mainly in TV series and movies, most notably the Disney classic, “Cinderella.” I’m here to tell you that the negative connotations surrounding the ideas and figures of a blended family are far from the truth, and in most cases, there’s no such thing as a new evil relative.

There seems to be a lot of confusion as to what exactly a blended family is. A blended family is when you have relatives who are not blood related to you, but who you still consider your family. Wendy Pank, professor of sociology, defines a blended family as two people who have children from other relationships coming together to form a union.

I’ve almost always lived with a blended family, and it only gets more blended over time. My mother and father were divorced when I was four, and my mom met my stepfather, who I consider to be my dad, about two years later. He had two daughters, so when they got married, I gained two new sisters.

Earlier this year, my biological father remarried, and I gained a new stepmother, too. She had a son and many other relatives, so I gained a whole new family tree. This summer was the first time I met a majority of my new family members, so there’s definitely a lot of different types of

situations involving blended families.

When it comes to different family dynamics, there’s no greater example than the one I’ve experienced in my own life. My stepfather and stepsisters are my family in every way that counts. I consider my stepfather my dad because he’s been there acting in that role since I was a six-year-old. He was the one who was always at my school conferences, and helping me get through fights with friends and bringing me coffee in the morning after a late night of homework. My stepsisters are my best friends and I couldn’t imagine my life without them. But on the other end of the spectrum, my father’s wife and my new stepbrother are practically strangers. Sure, I got to know them a bit over the summer, but it’s completely different compared to my relationship with my stepfather and stepsisters. However, I get to know that side of my family more and more every day, and soon enough I know I’ll be loving them just as much.

I think it’s very important for people to remember that the negative things that are associated with blended families are far from the usual. There’s a lot of talk about it being a difficult

situation, with stepmothers and stepchildren clashing and new siblings not getting along in the slightest. These things are possible, but if a family works at it and views new relatives as friends and loved ones, not intruders, then a blended family can be the best thing in the world. It doesn’t have to



mean some stranger moving into your house and taking attention away from you. If you look at it in the right way, it could mean getting a new best friend. It all depends on the outlook, so stay positive.

(Ashley Thorpe is a reporter for The Mystician. Reach her at editor@mystician.com.)

In the photo:

The previous building that was home to the Library and English classes was torn down in August.
Photo by: Katie Winbauer



Sept. 12 - Oct. 9 Calendar of Events

Sports

9/4 -9/5 BSC Volleyball Labor Day Classic @ BSC Armory: TBA

9/9 BSC Volleyball vs. Williston State, 7 p.m @ BSC Armory

9/23 BSC Volleyball vs. North Dakota State College of Science, 7 p.m @ BSC Armory

10/3 BSC Men's Soccer vs. Dakota County Technical College, 6:30 p.m @ MDU Resources Community Bowl

10/7 BSC Volleyball vs. Dakota College at Bottineau 7 p.m @ BSC Armory

Events

9/7 Labor Day – BSC Closed

9/9 'Theatre of War; Soldiers and Citizens Tour'
6 p.m @ Sidney J. Lee Auditorium

9/20 Music Faculty Recital
3 p.m @ Sidney J. Lee Auditorium

9/21 Oktoberfest - Free Cookies @ Student Union, free cookies 11 a.m to 1 p.m

9/22 New Building Tours and Dedication Ceremony, 4 to 7 p.m @ BSC Campus. Oktoberfest - Stick Horse Races 11 a.m to 1 p.m @ Student Union

9/23 C.L Lindsey talks about "Computing the Law" 9 a.m and 1:30 p.m @ NECE Basin Electric Auditorium

9/24 Oktoberfest - free pretzels 11 a.m to 1 p.m @ Student Union. Visiting Scientist Series - "Wind Generation in North Dakota" with Amanda Wangler 7 p.m @ NECE Basin Electric

9/28 Oktoberfest - German Scavenger Hunt 11 a.m and 1 p.m @ Student Union

9/29 Oktoberfest - Grocery Bag Bingo Free Grocery Bag Bingo 7 p.m @ Mystic Marketplace

9/30 Accreditation Commission for Education in Nursing Visit, 4 p.m @ BSC Allied Health Campus. Job and

Internship Fair
4 to 6:30 p.m @ National Energy Center of Excellence. Oktoberfest - Lip Sync Battle 7 p.m @ Student Union

10/1 Oktoberfest - Brat Cookout Free Brat German feast 11 a.m to 1 p.m @ Student Union

10/2 Oktoberfest - Flavor Ice Cream 10 a.m @ Student Union. Gary Johnson Live 7 p.m @ Student Union

10/4 Conversations at BSC 3 p.m @ NECE Bavendick Stateroom

10/6 BSC Health Fair 9 a.m to 2 p.m @ Student Union